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Children's Headache Clinic

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NHS Foundation Trust

Dr Prab Prabhakar **Professor Peter Goadsby Ms Claire Toolis Dr Hayley Bullock**

Consultant Paediatric Neurologist **Consultant Neurologist** Clinical Nurse Specialist Clinical Psychologist

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Dear Family,

You may have taken a number of medicines for your headache in the past. We would be grateful if you could make a list of them in the table overleaf. If you are not sure of the doses or names of the medications could you make an appointment to see your GP and ask about the medicines.

Please be careful to get the doses as this is very important in your management. If you use a non-prescribed drug that you buy over-the-counter, please do list this also.

Many Thanks

Dr Prab Prabhakar **Consultant Paediatric Neurologist**

We start the list with an example,

Drug Name	Drug Dose	How long taken	Side Effects
Propranolol (inderal)	40mg twice daily	3 months	Nightmares