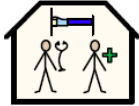




NHS

Great Ormond Street
Hospital for Children
NHS Foundation Trust

Having a sleep EEG (Easy Read)



You are coming to hospital for a Sleep EEG test. An EEG records your brain waves. This helps the doctors work out how to look after you.



You might need to take some medicine to make you sleepy.



You will have this test while you are awake and then asleep.



We will clean small areas of your head then fix some silver discs with stickers and paste. This will not hurt.



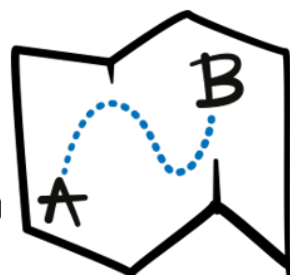
We will join the stickers to the EEG machine with wires. This will not hurt.



We will also make a video of you. This will show us if you move around in bed. When you have been sleeping for about 30 minutes, we will wake you up.

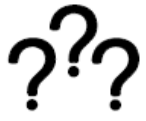


We will take off the stickers and wipe your head again.





If you are not having any other tests, you can go home.



Please ask us if you have any questions.

