

RANK, a better activity
Devised by artist-in-residence Sarah Carne

Materials required: 3 pieces of A4 paper, masking tape to attach paper to wall, a pen or pencil.

Background:

This is a follow on activity to 'CHOOSE, a better activity', but can be done independently. I have been carrying it out across the hospital but here it has been adapted for your room. It is designed to be a prompt for you to have conversations with visitors and staff and to think about how and why we rank things.

Activity:

Choose three vegetables. See if you can make this a random selection. (I hate the word random as really most things aren't, but sometimes it is useful.) Write each vegetable's name at the top of a piece of A4 paper. You now have 3 pieces of paper, one for each vegetable.

Which of these is the best vegetable? Write the number 1 on that piece of paper.

Which of these is the worst? Write the number 3 on that piece of paper.

Write the number 2 on the remaining piece.

You have ranked your vegetables. Tape your three pieces of paper to the wall.

Ask anyone who enters your room to rank the three vegetables from best to worst, writing the numbers on the pieces of paper. (They could add their names or initials if you want to remember whose ranking is whose.)

Now ask them why they chose that order, do you agree with them?

At the end of the week which vegetable has won. Was it yours?

(Next week I will think about what winning means and write an activity about that!)

Questions you might want to think about or ask people:

Do people choose the vegetable they like the taste of or is there a different reason?

What is the best thing that has ever happened to them with that vegetable, or the worst?

As always there are no right or wrong answers. I would love to hear your thoughts @GOSHArts