Monday Lunch – Week 2

Soups						
Soup of the Day		Lentil Soup (v)	Snacks and Salads			
Cream of Tomato Soup (v)		Cream of Chicken Soup	Tomato and Cucumber Salad (v)	I		
Brown Bread Roll (v)		White Bread Roll (v)	Salad Dressing – choice from list belo	ow		
Butter (v)		Flora (v)	Creamy (v)	h (v) \Box	Mayo (v)	
Main Meal Options			Vegetable Sticks with Yoghurt Dip (v	<i>'</i>)		
Please select only one option fro	m this	section	Sandwich and Roll Selection		Brown	White
Hake with Salsa Verdi		Beef and Vegetable Pie	Plain Cheese (v)			
Spicy Root Vegetable and			Plain Chicken			
Lentil Casserole (v)			Plain Ham			
Grilled Chicken & Chimchurri Dressing			Egg Mayonnaise (v)			
Jacket Potato with Choice of Filli	ngs (v)	– choose from list below	Chicken Mayonnaise			
•	, , o	•	Tuna Mayonnaise			
Butter (v)	Ļ	Cheddar Cheese (v)	Chicken Sweetcorn Mayonnaise on	a Soft White Roll		
Tuna Mayo		Baked Beans (v)	Tuna and Cucumber Mayonnaise on	a Soft White Roll		
Side Dishes			Puddings and Desserts			
Baked Beans (v)		Chips (v)	Please select a maximum of two	options from this	section	
Jacket Potato (v)		Steamed Broccoli (v)	Jam & Coconut Sponge (v)	□ 🧷 Crème	Caramel (v)	
Peas (v)		Sweetcorn (v)	Low Fat Fruit Yoghurt (v)	□ 🎤 Jelly of	the Day (v)	
Steamed Rice (v)		Mashed Potato (v)	Custard Portion (v)	☐ Fresh F	ruit Salad (v)	
Steamed New Potatoes (v)		Steamed Carrots (v)	Chocolate Mousse (v)			
			7			

Monday Dinner – Week 2

Soups			Snacks and Salads						
Soup of the Day		Lentil Soup (v)	Tomato and Cucumber	Salad (v) 🗆				
Cream of Tomato Soup (v)		Cream of Chicken Soup	Salad Dressing – choice	from li	ist below				
Brown Bread Roll (v)		White Bread Roll (v)	Creamy (v)		French (v))	□ N	/ayo (v)	
Butter (v)		Flora (v)	Vegetable Sticks with Y	'oghurt	Dip (v)				
Main Meal Options			Sandwich and Roll	Select	ion			Brown	White
Please select only one option from	this	section	Plain Cheese (v)						
Gnocchi, Broccoli and Cream Cheese Bake (v)		BBQ Meatloaf	Plain Chicken						
Buttered Chicken Curry			Plain Ham						
Fish Finger Sandwich			Egg Mayonnaise (v)						
•			Chicken Mayonnaise						
Jacket Potato with Choice of Filling	s (v) -	- choose from list below	Tuna Mayonnaise						
Butter (v)		Cheddar Cheese (v)	Chicken Sweetcorn May	yonnais	se on a So	oft White Roll			
Tuna Mayo		Baked Beans (v)	Tuna and Cucumber Ma	-	ise on a S	oft White Roll			
Side Dishes			Puddings and Desse	erts					
Baked Beans (v)		S.Fried Potato Wedges (v)	Please select a maxim	num of	two opt	tions from thi	s secti	ion	
Jacket Potato (v)		Steamed Broccoli (v)	Jam and Coconut Sp Custard (v)	ponge w	vith	□	y Mou	isse (v)	
Peas (v)		Sweetcorn (v)	Low Fat Fruit Yoghu	ırt (v)		□ / Jelly o	of the I	Day (v)	
Steamed Rice (v)		Mashed Potato (v)	Peach Mousse (v)			☐ Fresh	Fruit S	Salad (v)	
Steamed New Potatoes (v)		Steamed Carrots (v)	Chocolate Brownie Chocolate Chips, Choco			□	go Μοι	usse (v)	

Tuesday Lunch – Week 2

Soups			Snacks and Salads						
Soup of the Day		Lentil Soup (v)	Tomato and Cucumber S	Salad	(v) 🗆				
Cream of Tomato Soup (v)		Cream of Chicken Soup	Salad Dressing – choice	from	list below				
Brown Bread Roll (v)		White Bread Roll (v)	Creamy (v)		French (v)		Mayo (v)		
Butter (v)		Flora (v)	Vegetable Sticks with Yo	oghur	t Dip (v)				
Main Meal Options			Sandwich and Roll S	Selec	tion		В	rown	White
Please select only one option from	this	section	Plain Cheese (v)						
Salmon with Lemon & Oregano		Pork Schnitzel with Cream Sauce	Plain Chicken						
Aubergine Parmigiana (v)			Plain Ham						
Peri Peri Chicken			Egg Mayonnaise (v)						
Jacket Potato with Choice of Filling	s (v) -	- chaose from list below	Chicken Mayonnaise						
•		♦	Tuna Mayonnaise						
Butter (v)		Cheddar Cheese (v)	Chicken Sweetcorn May	/onna	ise on a Soft	: White Roll			
Tuna Mayo		Baked Beans (v)	Tuna and Cucumber Ma	yonn	aise on a Sof	ft White Roll			
Side Dishes			Puddings and Desse	erts					
Baked Beans (v)		Chips (v)	Please select a maxim	num c	of two option	ons from this s	ection		
Jacket Potato (v)		Steamed Broccoli (v)	Upside Down Banan Custard (v)	ia Cak	e & _	Crème C	aramel (v)		
Peas (v)		Sweetcorn (v)	Low Fat Fruit Yoghu	rt (v)		☐ 🎤 Jelly of t	he Day (v)		
Steamed Rice (v)		Mashed Potato (v)	Custard Portion (v)				uit Salad (v)		
Steamed New Potatoes (v)		Steamed Carrots (v)	Chocolate Mousse (v	v)					

Tuesday Dinner – Week 2

Soups				Snacks and Salads						
Soup of the Day		Lentil Soup (v)		Tomato and Cucumber	Salad	(v) 🗆				
Cream of Tomato Soup (v)		Cream of Chicken Soup		Salad Dressing – choice	from	list below				
Brown Bread Roll (v)		White Bread Roll (v)		Creamy (v)		French (v)		□ N	/layo (v)	
Butter (v)		Flora (v)		Vegetable Sticks with Yo	oghur	t Dip (v)				
Main Meal Options				Sandwich and Roll	Seled	ction			Brown	White
Please select only one option from	this	section		Plain Cheese (v)						
Macaroni Cheese (v)		Pork Ribs in BBQ Sauce		Plain Chicken						
Chicken Fillet Wrap				Plain Ham						
Smoked Haddock and Savoury Rice				Egg Mayonnaise (v)						
Jacket Potato with Choice of Filling	c (w)	chaoca fram list halaw		Chicken Mayonnaise						
A	s (v) -	*	201011	Tuna Mayonnaise						
Butter (v)		Cheddar Cheese (v)		Chicken Sweetcorn May	yonna	ise on a So	ft White Roll			
Tuna Mayo		Baked Beans (v)		Tuna and Cucumber Ma	ayonn	aise on a So	oft White Roll			
Side Dishes				Puddings and Desse	erts					
Baked Beans (v)		Chips (v)		Please select a maxim	num (of two opt	ions from th	is sect	ion	
Jacket Potato (v)		Steamed Broccoli (v)		Upside Down Banar Custard (v)	na Cak	e with	□ / Cher	ry Mou	usse (v)	
Peas (v)		Sweetcorn (v)		Low Fat Fruit Yoghu	ırt (v)		□ / Jelly	of the	Day (v)	
Steamed Rice (v)		Mashed Potato (v)		Peach Mousse (v)					Salad (v)	
Steamed New Potatoes (v)		Steamed Carrots (v)		Chocolate Brownie Chocolate Chips, Choco	-		□ 🎤 Man	go Moi	usse (v)	

Key: (v) – Suitable for vegetarians / – Category E fork-mashable
Fresh fruit, cereal, toast, cheese portions, yoghurts, biscuits, squash drinks, milk and hot drinks are always available
– Please ask a member of the ward team

Menu Updated September 2016

Wednesday Lunch – Week 2

Soups			Snacks and Salads			
Soup of the Day		Lentil Soup (v)	Tomato and Cucumber Salad (v) $\ \Box$			
Cream of Tomato Soup (v)		Cream of Chicken Soup	Salad Dressing – choice from list below	W		
Brown Bread Roll (v)		White Bread Roll (v)	Creamy (v)	(v) 🗆 Mayo (v)	
Butter (v)		Flora (v)	Vegetable Sticks with Yoghurt Dip (v)			
Main Meal Options			Sandwich and Roll Selection		Brown	White
Please select only one option from	this	section	Plain Cheese (v)			
Fisherman's Crumble		Beef Burger with Salad and Relish	Plain Chicken			
Pasta with Tomato Sauce and Garlic			Plain Ham			
Bread (v)			Egg Mayonnaise (v)			
Tandoori Chicken			Chicken Mayonnaise			
Jacket Potato with Choice of Filling	gs (v)	– choose from list below	Tuna Mayonnaise			
Butter (v)		Cheddar Cheese (v)	Chicken Sweetcorn Mayonnaise on a S	Soft White Roll		
Tuna Mayo		Baked Beans (v)	Tuna and Cucumber Mayonnaise on a	Soft White Roll		
Side Dishes			Puddings and Desserts			
Baked Beans (v)		Chips (v)	Please select a maximum of two op	ptions from this section		
•		*	 Pear and Apple Tart with Custard (v)	☐	/)	
Jacket Potato (v)		Steamed Broccoli (v)	Low Fat Fruit Yoghurt (v)	☐	d	
Peas (v)		Sweetcorn (v)	•	Jeny or the buy (•	
Steamed Rice (v)		Mashed Potato (v)	Custard Portion (v)	☐ Fresh Fruit Salad	(V)	
Steamed New Potatoes (v)		Steamed Carrots (v)	Chocolate Mousse (v)			

Wednesday Dinner – Week 2

Soups			Snacks and Salads		
Soup of the Day		Lentil Soup (v)	Tomato and Cucumber Salad (v) $\ \square$		
Cream of Tomato Soup (v)		Cream of Chicken Soup	Salad Dressing – choice from list below		
Brown Bread Roll (v)		White Bread Roll (v)	Creamy (v)	Mayo (v)	
Butter (v)		Flora (v)	Vegetable Sticks with Yoghurt Dip (v)		
Main Meal Options			Sandwich and Roll Selection	Brown	White
Please select only one option fr	om this :	section	Plain Cheese (v)		
Quorn Nuggets with Relish (v)		Chillí Con Carne	Plain Chicken		
Chicken and Sweetcorn Pizza			Plain Ham		
Salmon Goujons with Pink			Egg Mayonnaise (v)		
Mayonnaise	_		Chicken Mayonnaise		
Jacket Potato with Choice of Fil	lings (v) -	- choose from list below	Tuna Mayonnaise		
Butter (v)		Cheddar Cheese (v)	Chicken Sweetcorn Mayonnaise on a Soft White Roll		
Tuna Mayo		Baked Beans (v)	Tuna and Cucumber Mayonnaise on a Soft White Roll		
Side Dishes		bunea beams (v)	Puddings and Desserts		
•			Please select a maximum of two options from this sec	ction	
Baked Beans (v)		Sweet Potato Fries (v)	Pear and Apple Tart with Custard (v) 🔲 🧷 Cherry Mo	ousse (v)	
Jacket Potato (v)		Steamed Broccoli (v)	A .		
Peas (v)		Sweetcorn (v)	Low Fat Fruit Yoghurt (v)	e Day (v)	النا
A	г	<i>*</i>	Peach Mousse (v)	t Salad (v)	
Steamed Rice (v) Steamed New Potatoes (v)		Mashed Potato (v) Steamed Carrots (v)	Chocolate Brownie with White Chocolate Chips, Chocolate Sauce (v)	ousse (v)	

Thursday Lunch – Week 2

Soups			Snacks and Salads				
Soup of the Day		Lentil Soup (v)	Tomato and Cucumber Salad (v)				
Cream of Tomato Soup (v)		Cream of Chicken Soup	Salad Dressing – choice from list b	below			
Brown Bread Roll (v)		White Bread Roll (v)	Creamy (v)	nch (v)	☐ Mayo (v	·)	
Butter (v)		Flora (v)	Vegetable Sticks with Yoghurt Dip	o (v)			
Main Meal Options			Sandwich and Roll Selection	n		Brown	White
Please select only one option from	n this	section	Plain Cheese (v)				
Salmon, Spinach and Sweet Potato		Beef Lasagne	Plain Chicken				
Quorn and Mushroom Biryani (v)			Plain Ham				
Chicken Fillet Burger			Egg Mayonnaise (v)				
Jacket Potato with Choice of Fillin	ngs (v)	– choose from list below	Chicken Mayonnaise				
Butter (v)		Cheddar Cheese (v)	Tuna Mayonnaise				
Tuna Mayo		Baked Beans (v)	Chicken Sweetcorn Mayonnaise o Tuna and Cucumber Mayonnaise				
Side Dishes			Puddings and Desserts				_
Baked Beans (v)		Chips (v)	Please select a maximum of tw	vo options f	from this section		
Jacket Potato (v)		Steamed Broccoli (v)	Mixed Fruit Pancake (v)		Crème Caramel (v)	
Peas (v)		Sweetcorn (v)	Low Fat Fruit Yoghurt (v)		Jelly of the Day (v)		
Steamed Rice (v)		Mashed Potato (v)	Custard Portion (v)		Fresh Fruit Salad (/)	
Steamed New Potatoes (v)		Steamed Carrots (v)	Chocolate Mousse (v)				

Thursday Dinner – Week 2

Soups			Snacks and Salads			
Soup of the Day		Lentil Soup (v)	Tomato and Cucumber Salad (v) $\ \Box$			
Cream of Tomato Soup (v)		Cream of Chicken Soup	Salad Dressing – choice from list below	W		
Brown Bread Roll (v)		White Bread Roll (v)	Creamy (v)	(v) 🗆	Mayo (v)	
Butter (v)		Flora (v)	Vegetable Sticks with Yoghurt Dip (v)			
Main Meal Options			Sandwich and Roll Selection		Brown	White
Please select only one option from	m this	section	Plain Cheese (v)			
Stuffed Jacket Potatoes (v)		Shepherd's Pie	Plain Chicken			
Sweet and Sour Chicken Noodles			Plain Ham			
Fisherman's Pie			Egg Mayonnaise (v)			
Jacket Potato with Choice of Filling	ngs (v) -	– choose from list below	Chicken Mayonnaise			
Butter (v)		Cheddar Cheese (v)	Tuna Mayonnaise			
A		•	Chicken Sweetcorn Mayonnaise on a S	Soft White Roll		
Tuna Mayo		Baked Beans (v)	Tuna and Cucumber Mayonnaise on a	Soft White Roll		
Side Dishes			Puddings and Desserts			
Baked Beans (v)		Spiral Fries (v)	Please select a maximum of two o	ptions from this se	ection	
Jacket Potato (v)		Steamed Broccoli (v)	Mixed Fruit Pancake (v)	□ 🎤 Cherry N	lousse (v)	
Peas (v)		Sweetcorn (v)	Low Fat Fruit Yoghurt (v)	□ 🎤 Jelly of t	he Day (v)	
Steamed Rice (v)		Mashed Potato (v)	Peach Mousse (v)	☐ Fresh Fru	iit Salad (v)	
Steamed New Potatoes (v)		Steamed Carrots (v)	Chocolate Brownie with White Chocolate Chips, Chocolate Sauce (v)	□ / Mango M	Mousse (v)	

Friday Lunch – Week 2

Soups			Snacks and Salads				
Soup of the Day		Lentil Soup (v)	Tomato and Cucumber Salad (v)				
Cream of Tomato Soup (v)		Cream of Chicken Soup	Salad Dressing – choice from list be	elow			
Brown Bread Roll (v)		White Bread Roll (v)	Creamy (v)	ch (v)	☐ Mayo (v	/)	
Butter (v)		Flora (v)	Vegetable Sticks with Yoghurt Dip	(v)			
Main Meal Options			Sandwich and Roll Selection			Brown	White
Please select only one option fro	m this	section	Plain Cheese (v)				
Battered Haddock		Pulled Pork Burrito	Plain Chicken				
Tofu and Spinach Lasagne (v)			Plain Ham				
Roast Chicken with Sage Gravy			Egg Mayonnaise (v)				
Jacket Potato with Choice of Filli	ngs (v) -	- choose from list below	Chicken Mayonnaise				
Butter (v)		Cheddar Cheese (v)	Tuna Mayonnaise				
		•	Chicken Sweetcorn Mayonnaise on	n a Soft W	hite Roll		
Tuna Mayo		Baked Beans (v)	Tuna and Cucumber Mayonnaise o	n a Soft V	Vhite Roll		
Side Dishes			Puddings and Desserts				
Baked Beans (v)		Chips (v)	Please select a maximum of two	options	s from this section		
// Jacket Potato (v)		Steamed Broccoli (v)	Chocolate Sponge & Chocolate		Crème Caramel (v)	
Peas (v)		Sweetcorn (v)	Sauce (v)	_	4		
Steamed Rice (v)		Mashed Potato (v)	Low Fat Fruit Yoghurt (v)		Jelly of the Day (v))	
Steamed New Potatoes (v)	П	♦	Custard Portion (v)		Fresh Fruit Salad (v	v)	
Steamed New Potatoes (V)		Steamed Carrots (v)	Chocolate Mousse (v)				

Friday Dinner – Week 2

Soups			Snacks and Salads	
Soup of the Day		Lentil Soup (v)	Tomato and Cucumber Salad (v) $\ \Box$	
Cream of Tomato Soup (v)		Cream of Chicken Soup	Salad Dressing – choice from list below	
Brown Bread Roll (v)		White Bread Roll (v)	Creamy (v) \square French (v) \square Mayo (v)	
Butter (v)		Flora (v)	Vegetable Sticks with Yoghurt Dip (v)	
Main Meal Options			Sandwich and Roll Selection Brown	White
Please select only one option from	n this	section	Plain Cheese (v)	
Sam's Cauliflower Bhaji (v)		Turkey and Ham Pie with Root	Plain Chicken	
	 1	Vegetable Topping	Plain Ham	
Chicken and Mushroom Pie			Egg Mayonnaise (v)	
Fishcakes with Parsley Sauce			Chicken Mayonnaise	
Jacket Potato with Choice of Fillin	gs (v)	– choose from list below	Tuna Mayonnaise	
Butter (v)		Cheddar Cheese (v)	Chicken Sweetcorn Mayonnaise on a Soft White Roll	
Tuna Mayo		Baked Beans (v)	Tuna and Cucumber Mayonnaise on a Soft White Roll	
Side Dishes			Puddings and Desserts	
Baked Beans (v)		Chips (v)	Please select a maximum of two options from this section	
Jacket Potato (v)		Steamed Broccoli (v)	Chocolate Sponge with Chocolate Cherry Mousse (v)	
Peas (v)		Sweetcorn (v)	Low Fat Fruit Yoghurt (v)	
Steamed Rice (v)		Mashed Potato (v)	Peach Mousse (v)	
Steamed New Potatoes (v)		Steamed Carrots (v)	Chocolate Brownie with White Chocolate Chips, Chocolate Sauce (v)	

Saturday Lunch - Week 2

Soups			Snacks and Salads				
Soup of the Day		Lentil Soup (v)	Tomato and Cucumber Salad	(v) 🗆			
Cream of Tomato Soup (v)		Cream of Chicken Soup	Salad Dressing – choice from	list below			
Brown Bread Roll (v)		White Bread Roll (v)	Creamy (v)	French (v)	☐ May	yo (v)	
Butter (v)		Flora (v)	Vegetable Sticks with Yoghur	t Dip (v)			
Main Meal Options			Sandwich and Roll Selec	ction		Brown	White
Please select only one option from	this	section	Plain Cheese (v)				
Plaice Goujons with Tartar Sauce		Beef Meatballs in Tomato Sauce	Plain Chicken				
Quorn, Cheese and Tomato Gratin (v)			Plain Ham				
Slow Cooked Pineapple Chicken			Egg Mayonnaise (v)				
Jacket Potato with Choice of Filling	s (v) -	- choose from list below	Chicken Mayonnaise				
Butter (v)		Cheddar Cheese (v)	Tuna Mayonnaise				
Tuna Mayo		Baked Beans (v)	Chicken Sweetcorn Mayonna				
		∀ Baked Beans (V)	Tuna and Cucumber Mayonn	iaise on a S	oft White Roll		
Side Dishes			Puddings and Desserts				
Baked Beans (v)		Chips (v)	Please select a maximum o	of two opt	ions from this section	า	
Jacket Potato (v)		Steamed Broccoli (v)	Vanilla Rice Pudding with	Jam (v)	□	el (v)	
Peas (v)		Sweetcorn (v)	Low Fat Fruit Yoghurt (v)		☐	y (v)	
Steamed Rice (v)		Mashed Potato (v)	Custard Portion (v)		☐ Fresh Fruit Sal	ad (v)	
Steamed New Potatoes (v)		Steamed Carrots (v)	Chocolate Mousse (v)				

Saturday Dinner – Week 2

Soups				Snacks and Salads				
Soup of the Day		Lentil Soup (v)		Tomato and Cucumber Sala	d (v) 🗆			
Cream of Tomato Soup (v)		Cream of Chicken Soup		Salad Dressing – choice fron	n list below	ı,		
Brown Bread Roll (v)		White Bread Roll (v)		Creamy (v)	French (v	v) 🗆	Mayo (v)	
Butter (v)		Flora (v)		Vegetable Sticks with Yoghu	ırt Dip (v)			
Main Meal Options				Sandwich and Roll Sele	ection		Brown	White
Please select only one option fro	m this s	section		Plain Cheese (v)				
Halloumi, Pepper & Courgette	П	Lamb Kofta, Pitta & Spiced Tomato	\Box	Plain Chicken				
Melt (v)		Dressing		Plain Ham				
Chicken Nuggets				Egg Mayonnaise (v)				
Tuna and Pasta Bake				Chicken Mayonnaise				
Jacket Potato with Choice of Filli	ngs (v) -	- choose from list below		Tuna Mayonnaise				
Butter (v)		Cheddar Cheese (v)		Chicken Sweetcorn Mayonn	aise on a S	oft White Roll		
Tuna Mayo		Baked Beans (v)		Tuna and Cucumber Mayon	naise on a s	Soft White Roll		
Side Dishes		Danca Dearis (V)		Puddings and Desserts				
•		Construction Destroyers (c)		Please select a maximum	of two op	otions from this se	ection	
Baked Beans (v)		Croquette Potatoes (v)		Vanilla Rice Pudding with	h lam (v)	□	1ousse (v)	
Jacket Potato (v)		Steamed Broccoli (v)		•		*		
Peas (v)		Sweetcorn (v)		Low Fat Fruit Yoghurt (v))	☐	he Day (v)	
Steamed Rice (v)	П	Mashed Potato (v)	П	Peach Mousse (v)		Fresh Fru	it Salad (v)	
Steamed New Potatoes (v)		Steamed Carrots (v)		Chocolate Brownie with Chocolate Chips, Chocolate		□ Mango M	Nousse (v)	

Sunday Lunch – Week 2

Soups			Snacks and Salads							
Soup of the Day		Lentil Soup (v)	Tomato and Cucumber Salad (v) 🗆							
Cream of Tomato Soup (v)		Cream of Chicken Soup	Salad Dressing – choice from list below							
Brown Bread Roll (v)		White Bread Roll (v)	Creamy (v)		French (v)			Mayo (v))	
Butter (v)		Flora (v)	Vegetable Sticks with Y	'oghur	t Dip (v)					
Main Meal Options			Sandwich and Roll	Selec	ction				Brown	White
Please select only one option from this section			Plain Cheese (v)							
Hake with Parsley Sauce		Roast Beef and Yorkshire Pudding	Plain Chicken							
Vegetarian Quorn Bolognaise (v)			Plain Ham							
Roast Turkey with Stuffing			Egg Mayonnaise (v)							
Jacket Potato with Choice of Fillings (v) – choose from list below			Chicken Mayonnaise							
A	- (• <i>)</i>	♠	Tuna Mayonnaise							
Butter (v)		Cheddar Cheese (v)	Chicken Sweetcorn Ma	yonna	ise on a Soft W	hite Roll				
Tuna Mayo		Baked Beans (v)	Tuna and Cucumber Mayonnaise on a Soft White Roll							
Side Dishes			Puddings and Dess	erts						
Baked Beans (v)		Chips (v)	Please select a maxin	num d	of two options	from th	nis se	ection		
Jacket Potato (v)		Steamed Broccoli (v)	Chocolate Orange Brea Pudding with Custard (v		Butter	Crèr	me C	aramel (v)		
Peas (v)		Sweetcorn (v)	Low Fat Fruit Yoghu	ırt (v)		Jelly	of th	he Day (v)		
Steamed Rice (v)		Mashed Potato (v)	Custard Portion (v)			Fres	h Fru	iit Salad (v))	
Steamed New Potatoes (v)		Steamed Carrots (v)	Chocolate Mousse							

Sunday Dinner – Week 2

Soups				Snacks and Salads						
Soup of the Day		Lentil Soup (v)		Tomato and Cucumber Salad (v) $\ \square$						
Cream of Tomato Soup (v)		Cream of Chicken Soup		Salad Dressing – choice from list below						
Brown Bread Roll (v)		White Bread Roll (v)		Creamy (v)	🗌 French ((v) 🗆	Mayo (v)			
Butter (v)		Flora (v)		Vegetable Sticks with Yo	ghurt Dip (v)					
Main Meal Options				Sandwich and Roll S	election		Brown	White		
Please select only one option from this section				Plain Cheese (v)						
Arabic Style Stuffed Tomatoes (v)		Braised Pork Sausage & Kale Stew		Plain Chicken						
Chicken and Vegetable Stir Fry				Plain Ham						
Haddock with Lemon and Parsley				Egg Mayonnaise (v)						
Crumb				Chicken Mayonnaise						
Jacket Potato with Choice of Fillings (v) – choose from list below				Tuna Mayonnaise						
Butter (v)		Cheddar Cheese (v)		Chicken Sweetcorn Mayonnaise on a Soft White Roll						
Tuna Mayo		Baked Beans (v)		Tuna and Cucumber Mayonnaise on a Soft White Roll						
Side Dishes				Puddings and Desserts						
Baked Beans (v)		5% Fat Potato Wedges (v)		Please select a maximu	um of two o	ptions from this se	ection			
Jacket Potato (v)		Steamed Broccoli (v)		Chocolate Orange Bro Butter Pudding with Cust		□	lousse (v)			
Peas (v)		Sweetcorn (v)		Low Fat Fruit Yoghurt	t (v)	□ 🎤 Jelly of t	ne Day (v)			
Steamed Rice (v)		Mashed Potato (v)		Peach Mousse (v)		☐ Fresh Fru	it Salad (v)			
Steamed New Potatoes (v)		Steamed Carrots (v)		Chocolate Brownie w Chocolate Chips, Chocola		□ / Mango N	Лousse (v)			