



## Great Ormond Street Hospital for Children NHS Trust: Family File

### Medicines reminder chart

We know it can be difficult to remember when your child needs to take medicines. Use this chart to make a note of which medicines need to be given, in what dose and at what time of day.

Time	Medicine 1	Dose	Medicine 2	Dose
6am				
7am				
8am				
9am				
10am				
11am				
12pm				
1pm				
2pm				
3pm				
4pm				



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Time	Medicine 1	Dose	Medicine 2	Dose
5pm				
6pm				
7pm				
8pm				
9pm				
10pm				
11pm				
12am				
1am				
2am				
3am				
4am				
5am				