

NHS Foundation Trust

Keeping things private



Hospitals need to keep a lot of information about you. We need this information to look after you well and keep you safe.



Information may be in your medical record - such as what treatment you have had, when you have seen the doctor and what medicines you take.



We also make notes about what you say when you see the doctor or nurse. Your record also has copies of any letters we send to you.



Your records may also have information about your family, who you live with and where you go to school.



Everyone who works in a hospital has a duty to look after your information properly. They should keep the information private and not give it to anyone else.



'Confidential' (said: con-fee-den-shal') is the word we use when we are keeping something private.



We will not tell anyone else what you tell us. We will not tell your parents what you have said when you see the doctor or nurse on your own.



The only time we will share what you have told us is when we think you could be in danger.



You can ask to look at your medical record, The doctors may let you look at certain bits or all of the record. They may help you to understand what it says.



As you get older, you can decide who can see your medical record. You can let your parents carry on seeing what is written about you or you can change your mind.



Please ask us if you have any questions.