

YPF 18 AUGUST - MEETING NOTES



WELCOME!

We welcomed 24 members to our British Seaside Themed August meeting!

To those that couldn't make it, especially for those of you whose last meeting it would have been — you were praised and thanked for your contributions to the legacy of the YPF and GOSH!

We hope these notes will get you all up to speed, if you have any questions about these meeting notes please do not hesitate to contact the YPF team.

DIRECTORATE NAMING

Nicola Grinstead, Deputy Chief Executive, attended the meeting as she needed inspiration to name eight groups of departments that look after us (for example Cardiology is the name of a department) as part of helping to make teams across the hospital work together better.

To help get our creative juices flowing we had help from a special guest—Dekay—and urban poet/ rapper!

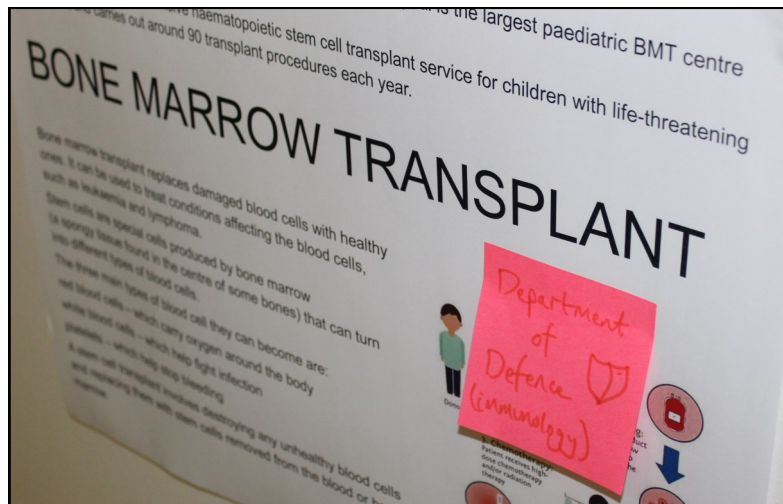
To get the session started we were asked to think about the department/team that means the most to us and then write a poem/rap/story about that department. We then shared our work with each other and were actually really impressed by some of our rhymes:

“Even though I’m patiently waiting for the day I can start life, I don’t let it get me down, I can still sleep at night.

Words fail me with gratitude for my care team, I would wouldn’t be here, I wouldn’t have been seen.

Celebrating the successes of others I know, doesn’t effect my ego.

Transplant isn’t a fix, life’s always going to be a mix”.



We then split up into groups based on the new groups and brainstormed words that linked all the departments together. For the following departments: Nephrology, Urology, Gastro, SNAPS, CAMHS, General Paediatrics, Orthopaedics, Spinal, Adolescent Medicine

- The mind and gut
- The insiders
- Invisible
- Plumbing department

Dekay then treated us all to an improvised rap where she used all of the words from our post it notes such as—ophthalmology, craniofacial, outpatients! The YPF staff team recorded Dekay and will circulate the video to us as soon as they can!

FOOD UPDATE

The catering team visited us to get our feedback on their menu ideas which are due to go live in October.

We were given copies of the menus and asked to tick what we would order and put a cross next to the ones we wouldn't order! There were some really strong themes of what we did and did not like—for example:

Soups

We said yes to the following: tomato, sweet potato, lentil, chicken and no to roasted onion, spring minestrone, pea and mint, leek and potato and squash and sage

Pizza

We said yes most of the pizzas (chicken and sweetcorn, margarita, all day breakfast, pepperoni, meat feast) but no for...tuna and cheese

Fish

We said yes to the baked cod and battered haddock but no to the smoked haddock in cheese sauce, baked hoki with spinach, and the braised leeks with smoked salmon and cheese

Chicken

We said YES to all of the chicken! This included a schnitzel, and the following flavours: sweet chilli, southern fried, chipotle and Chinese

Hot dessert

We said yes to the apple flapjack crumble and sticky toffee pudding. We weren't too sure on the treacle sponge, syrup sponge pudding, rice pudding, pumpkin spiced granola muffin

The Catering Team also showed us some potential new serving dishes and trays, but as we didn't really get time to discuss what we thought about these changes we will be asking the Team back to our October meeting.



REDEVELOPMENT

We love visits from the Redevelopment Team and they did not disappoint us! The purpose of the afternoon was to understand what homeliness meant to everyone with a particular focus on making the bedrooms feel more homely.

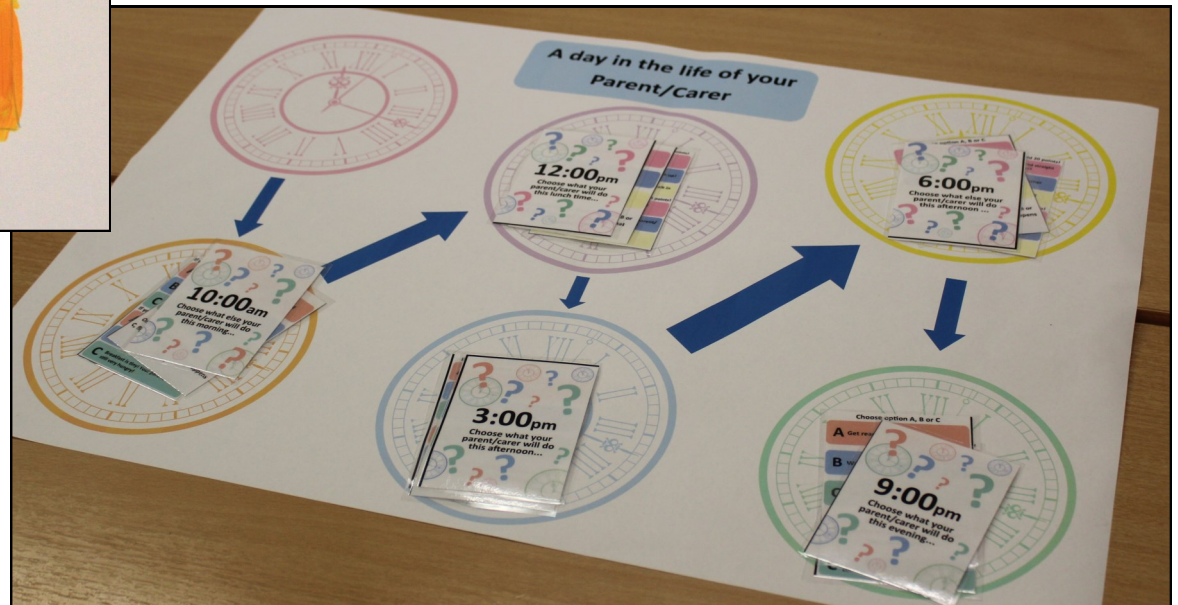
During this session we were asked to think about what colours we would like to see bedrooms painted and got the opportunity to make our own colour pallets.

We were asked to think of our own experiences and adventures out of hospital and bring them to life with colours.



Another section included a game to help the Team understand what our parents get up to when we are in hospital—this information will help the architects design buildings that meet our needs and those of our parents/carers.

We mapped out the times our parents do things like have a shower and go for lunch.

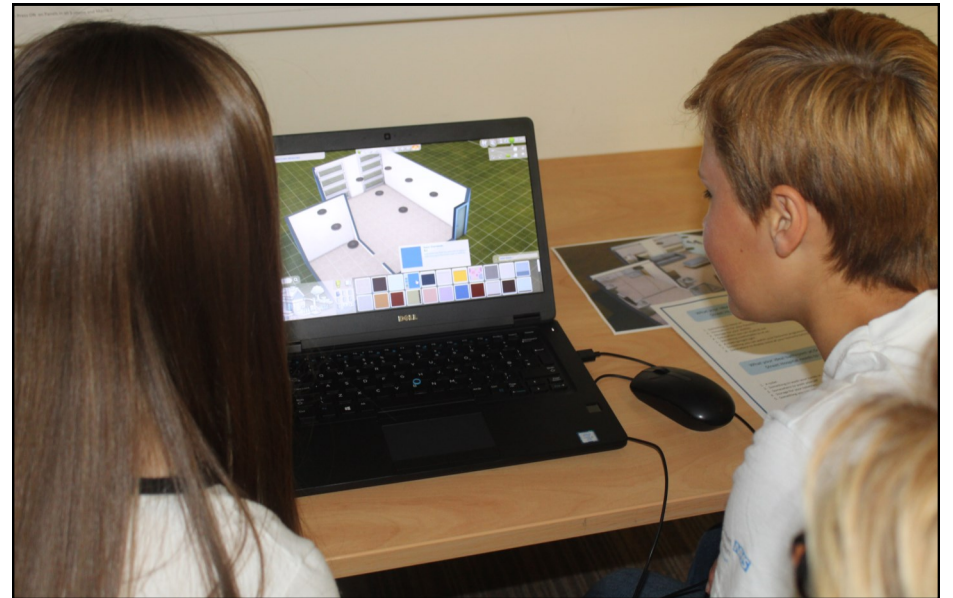


REDEVELOPMENT 2

Another challenge asked us to think about what technology we would want in our rooms and how it would work.

We requested lots of tech including a computer to find our doctor and using virtual reality or augmented reality to project images and themes onto the walls.

For most of us, the most exciting part of the day was being able to design our dream rooms in the Sims game!



ANY OTHER BUSINESS

To help the hospital plan activities for the patient parties we were asked what we'd been up to!

Most of us had been to large museums such as the Science Museum and places to do with nature such as zoos and the beach!

There were also lots of us who had been to theme parks such as Harry Potter world and Thorpe park!

We'd also been chilling out in local parks and coffee shops.



To help teenagers access the websites they use the most when they are NOT in hospital, we were asked what sites we visit the most, we said:

- fortnite (epicgames.com)
- Fantasy football
- h&m
- Misguided
- ASOS

The YPF staff team will now talk to the IT department to see if these sites are blocked. If they are not blocked for security, they will ask if the sites can be listed as direct links on the bedside TVs!



At last year's BIG Meet Up! when we met lots of young people from other hospital forum's across the country, we found out that some hospitals offer Welcome Packs to teenage inpatients.

The YPF staff asked us to think about what we would have found useful so they could start to get quotes and costs to see if this is something Great Ormond Street could offer.

The top requested items from us were:

- ☐ Water bottle (for drinks, not to keep us warm)
- ☐ Fluffy socks
- ☐ Earplugs
- ☐ Information on what to do for distractions and fun in the hospital.

The YPF staff will now investigate how much this would cost!

THANK YOUS AND GOODBYES

Following the membership review, the August meeting was the last for some members.

Nicola Grinstead, Deputy Chief Executive, said that members should not feel that they are leaving the YPF as our legacy will live on through all of the decisions we have made or impacted, we have made GOSH a better place for patients and their families.

Nicola also said we should be proud of our achievements as we have been able to help so many projects at the hospital from the Electronic Patient Records, to our favourite...Redevelopment.

It was also the Chair, Faiza's, last meeting, she told us that we have changed her life and she felt lucky "to have something that makes saying goodbye to so hard." Faiza also reminded members that we will always have a family with the YPF.



NEXT MEETING DATE

The next GOSH YPF meeting will take place on Sunday 21 October. If you have any questions or just want to get in touch, please call or email ypf.member@gosh.nhs.uk or call 0207 405 9200 ext 1400