

YPF 19 JULY - MEETING NOTES



WELCOME!

After opening the meeting and welcoming 24 members, it was great to meet new members Elom, Ihsaan, Oceiah, Tabitha and Zoe. Big shout out and thanks to our buddies, Lara, Alice, Annabel, Beth, Evan, Maisie and Sara.

It was so great seeing you all having a great time and full of energy (probably due to the endless snacks and treats we had (haha) ! Thanks for making the meeting so great! :)

I hope you newbies felt welcome and realised that the YPF is the most amazing group ever! Welcome to the YPF family. To those that couldn't make it, you were missed but I hope you can catch up with these amazing notes. Any questions you may have, please do not hesitate to ask. Enjoy the notes.

NHS ENGLAND REVIEW OF CRITICAL CARE AND SPECIALISED SURGERY

NHS England are carrying out a review of critical care and specialised surgery for children and young people. They have visited all the main children's hospitals and on Saturday 19 August, it was our turn!

Critical care is given to patients who are really ill, it can be given in A&E, when you are in a high dependency unit or intensive care unit. Specialised surgery is surgical management of rare conditions.

The NHS is reviewing critical care and specialised surgery as more and more people are needing this high level of care and treatment, but there are only so many of these units and beds. This means that people, particularly children, are sent to hospitals far away from where they live. So the review wants to understand our experiences of this type of care and what is important to us when we receive this care.

In order to explore these topics, a number of emoji faces were placed on the floor and we were asked to stand on the emoji which represented how we felt when we were asked the questions below:

Overall how was your care journey from beginning to end or beginning to middle if you are still being treated.

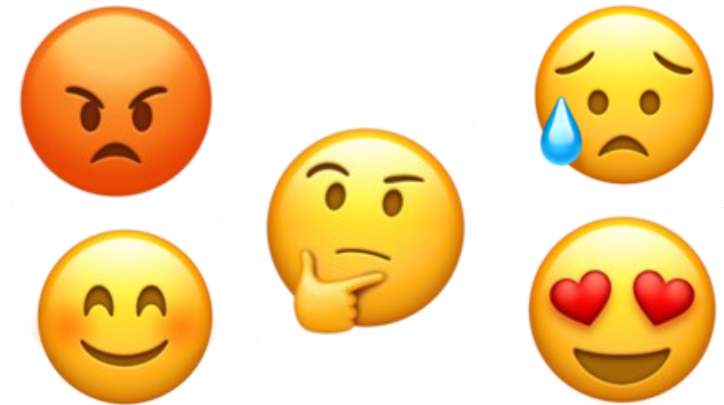
- During your journey, what was important to you?
- During your journey you've described, what could have been improved?
- Overall how were staff?
- What's an ideal member of staff to you?
- How do you feel about travelling to receive care?
- How far do you typically travel to receive care and what is the furthest you've travelled?
- What are your feelings about treatment at home?

Our responses will now be entered into the review and we hope to hear soon what impact our involvement has had on the investigations.

If you were not able to take part and you would like to share your experiences, please email Katy Knight at katy.knight2@nhs.net



Older YPF members doing the emoji challenge



Younger YPF members doing the emoji challenge

TEMPORARY TATTOO PROJECT

The YPF were involved in testing a project of temporary tattoos as part of a GOSH Arts project with the artist Davina Drummond and illustrator Ella Bell.

Davina asked patients to explore and share what it means to be a young person in hospital through developing a series of temporary tattoos.

Davina told us that historically tattoos were used as decorations for bravery, pledges of love or hope, celebrations or reminders of important events or people.

So, by using temporary tattoos it's a reminder that not all experiences or situations, especially when in hospital, are permanent.



YPF member, Charli



We were really excited to see the final designs and even more impressed that one of our very own members (me! [Faiza]) had a design that was incorporated into the final pack.

I drew a heartbeat, as a heartbeat is so simple and means a lot to me. Living with a cardiac condition, I have always felt inspired about how my heart beats on despite all I go through, so therefore life always beats on.

After Davina updated us all on what happened after she'd left us in January, we all got to put on some of the tattoos and have a professional photo shoot in the Medical Illustration department.



YPF member, Tabitha



YPF member, Hannah



YPF member, Iman



YPF members, Lizzy and Muskaan

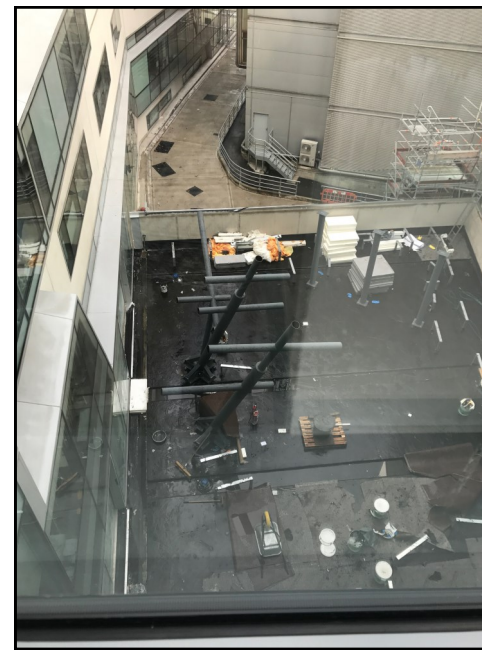


YPF member, JOSH

GARDEN TOUR

Last year we were asked what we would like to see or visit in the Hospital. We'd asked for a tour of the gardens or outdoor spaces at GOSH and this August (2017) we visited:

- The Japanese Garden on the Variety Club Building. We learnt that the garden was opened in the year 2000, paid for by Nomura, a Japanese financial company. It is based near the intensive care units and is for parents who need time and space away from the ward. The garden uses the Japanese principles of nature and there are symbols such as the tortoise which represent immortality.
- The roof space on the Morgan Stanley Building has grassed areas to help the hospital lower its carbon footprint. There are also great views of London from up there!
- The Lullaby Factory is located just off of the Lagoon and was a GOSH Arts project with Studio Weave. There are a number of pipes and instruments that play music to you when the wind blows down the side of the building. GOSH has just added a giant xylophone which can also be used as a bench, with a raised section for those in wheelchairs!
- The Morgan Stanley Garden, in the centre of the hospital by Medical Illustration, was designed by Chris Beardshaw and won a gold medal in the Chelsea Flower Show in 2017. The garden is for parents and provides a quiet and reflective space for parents and families. The area provides green outdoor space for those who may be spending days, months and years in the hospital.
- We'd planned to visit the Morgan Stanley Building to look down at the Disney Reef Garden, but we were shown photos of the areas as its progress has been slowed down by the heavy rainfall earlier in the Summer. Unfortunately whilst coloured flooring to represent a sea and sand had been installed and metal work for the boat had started, the rain meant the flooring had to be removed and the project has now been put back by up to three months. We look forward to seeing it when it's back on track.



Disney Reef Garden



Lullaby Factory



Japanese Garden, Variety Club Building



Views from Morgan Stanley Roof

GARDEN TOUR, CONTINUED



Above, Japanese Garden, below, Morgan Stanley Garden



Above, Lullaby Factory, below, roof of Morgan Stanley



CLICK, CLAMP, STOMP

To help wake up both sides of our brains, we played a game where you replaced numbers with actions, so 1,2,3 eventually becomes a click, clap and a stomp! The photos were so funny I wanted to share them with you all!



Beth and Thomas



Jamie and Zoe



Evan and Ihsaan



Faiza and Emma

Q&A WITH WARD PRIESTMAN, CHIEF INFORMATION OFFICER AKA HEAD OF IT

Questions from the YPF

Question: “What does a Chief Information Officer do? What does a normal day look like?!”

Answer: “My job is about 80% strategy and 20% doing. I have two main teams below me: one of engineers and a projects team who focus on things like the Electronic Patient Records(EPR) programme. Every Friday I spend two hours with my team and we discuss really important issues such as cyber security.”

Question: “How long have you worked at GOSH? What did you do before?”

Answer: “I started in December 2015, I’ll be here to see out our five year digital strategy! I’m from Liverpool and worked in the gaming industry, I then spent a few years in the cotton Industry and moved into the NHS in 2012.”

Question: “What are your 3 biggest accomplishments at GOSH, so far?”

Answer: “Well there are three things, firstly, we’ve had two members of our team nominated for GOSH Exceptional Member of Staff Awards (GEMS) so I know we are delivering a good service. Secondly, getting the EPR going and lastly reducing the amount of outages on the system—we used have them weekly or daily and now it is down to less than one a month”.

Question: “What do we have to look forward to at GOSH – IT wise?”

Answer: “The EPR will reduce over 400 systems at GOSH down to two. We will be able to use technology such as video consultations, and upload pictures and videos to the system—it will be the biggest change that GOSH has seen in years”.

Question: “We are committed to helping improve the experiences of young people at GOSH. How are you going to/ how do you involve young people in these IT plans?”

Answer: “Being involved in meetings such as these, and making sure you have a patient representative always involved in the process so we have your input the whole way through the process.”

Question: “Wi-Fi availability is poor in some areas of the hospital like the Lagoon and outpatient areas. Did you know and what are you doing about it?”

Answer: “Yes, I do know! We’ve just bought a new wireless network which will be faster, more reliable and will have a further reach than our current system. It is firstly being rolled out in the new Premier Inn Clinical Building and then across the rest of the hospital. We have also changed the need for a password to access the basic level of wifi, so now, when you visit outpatients, you should be able to get wi-fi for emails etc. You will need a password for things like YouTube, this is about safety for younger patients. We are also bringing in Bluetooth for the site and even using technology such as smart wristbands which will monitor things like your heartbeat.”



Q&A WITH WARD PRIESTMAN, CHIEF INFORMATION OFFICER AKA HEAD OF IT, CONTINUED

Questions from the YPF

Question: *"The bedside TVs are really out of date, they don't show films or have good games. We'd love to have access to things like a TV/film library like Netflix or music like when you are plane – could we get something like this? Also, the systems are really clunky compared to new technology."*

Answer: *"We are aware of this and one day we would like to move to a system where you can bring your own device— we are putting USB plugs in new buildings, and if you don't have an ipad/tablet, we can lend you a GOSH one. Equipment such as android tablets are much cheaper and could be a better option for patients as they are wireless so you can take them across the hospital or around your ward. We are talking to companies like Amazon to get access to their libraries. Everything would still have to go through Google's safe search and we have very high levels of security due to us using the London Learning Grid network which London schools use."*

Question: *"There are a lot of posters around the hospital. Can you get rid of them and perhaps just have TV screens which have the information on like what's going on in the activity club at half term or deals in the lagoon, or how to wash your hands?"*

Answer: *"I think that's a great idea, I'll take it back to my team!"*

Question: *"If you could change one thing about GOSH?"*

Answer: *"As I'm from Liverpool, I'd move it more up north!"*

Question: *"What was the last Netflix programme you binge watched?"*

Answer: *"I don't really binge watch programmes but the last film I watched was with my wife was A Dog's Purpose."*

Question: *"When you were a child what job did you want to have?"*

Answer: *"A police officer."*

Question: *"In your opinion, what improvements are a priority for the teenagers at GOSH?"*

Answer: *"Well I think we've discussed them today, the TVs, the Wi-Fi."*

Questions: *"Can we have a teen area in the Lagoon, like an internet café?"*

Answer: *"I'll take it back to the team."*

Question: *"Do you have any secret talents?"*

Answer: *"Not really, but I am a good cook, I'd like to go on Masterchef! At my last Trust they used to serve the patients' dinner to the Board. I might suggest that to Peter Steer [GOSH Chief Executive] to see if we can do that here ..."*

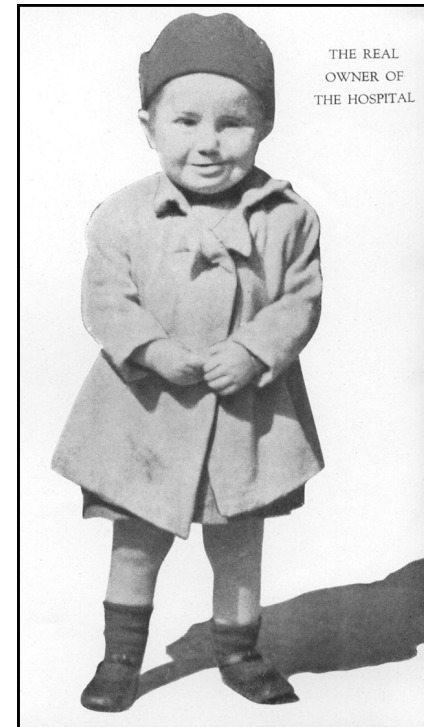


HISTORY OF GOSH

We'd also requested that the GOSH archivist, Nick Baldwin, come and visit us to see if he knew as much about GOSH as we do!

Some facts we learnt were:

- That the first hospital for children opened in Paris in 1803
- GOSH was the first children's hospital in England, it opened in 1852 in a converted 18th Century townhouse on the corner of Great Ormond Street and Powis Place
- Before GOSH opened, parents would take children to dispensaries, which was a combination of pharmacy and outpatient clinic.
- The first doctor, Dr Charles West was somewhere between a male midwife and a gynaecologist.
- When the hospital first opened it had two ten bedded wards for boys and girls, two doctors, one surgeon and 10 nurses.
- By 1858, the hospital was in financial crisis. Charles Dickens, raised fundraising events and gave out-of-season readings from 'A Christmas Carol' to raise money.
- Ten years later, the hospital was seeing so many patients it needed to raise money again. The new funds were used to rebuild to a design by the son of the architect of the Houses of Parliament. It had four large wards, named after Queen Victoria's daughters (Victoria, Helena, Alice and Louise).
- The hospital survived World War 1 largely undamaged, although there were several near-misses. GOSH acted as a bomb shelter for the local population and had to employ women doctors for the first time from 1915, as the men were at war.
- By the 1920s, the Victorian buildings were becoming shabby, and again unable to keep up with growing numbers of patients. So another ambitious fundraising scheme started and new buildings were paid for with the money raised by the gift of the copy right of the novel and stage versions of Peter Pan by its author J.M. Barrie.
- During World War 2 the hospital suffered severe bomb damage. The majority of patients had fortunately already been evacuated, those who were not were sent to a site in Surrey and other hospitals across London.
- After the war, GOSH became part of the National Health Service. Since then, it has retained its own Board of Management through several waves of NHS reforms, currently as a Foundation Trust since 2012.



HISTORY QUIZ

HISTORY QUIZ

GOSH History Quiz

Name: _____

Q1	In which city was the first hospital dedicated to sick children located?
Q2	How many doctors did GOSH have at the start?
Q3	Which famous writer helped to raise funds for GOSH in its early days?
Q4	How did the local population use the hospital during the World War I?
Q5	Who gave the copyright of the novel and stage versions of 'Peter Pan' to the hospital?
Q6	Where were patients evacuated to during World War II after severe bomb damage? – area will do e.g. Essex
Q7	Charity laws were reformed in the late 1980s to allow a greater range of fundraising activities for hospitals. What was the name of the big appeal which ran in 1987-9?
Q8	Name a Patron of GOSH?
Q9	The school of nursing moved in 1995 to which university?
Q10	What's the name of the newest building at GOSH?

To help us learn all the facts, we had a quiz, Annabel won and her prize was a £10 Lagoon voucher!

EVALUATIONS

We ask YPF members to evaluate each meeting, using our evaluation form. This helps us to make sure that our meetings are fun, interesting and friendly.

The top four words used to describe our meeting were;

Fun, interesting, educational and good

The session with the highest score of very good was the temporary tattoo photo shoot, followed by the welcome and the NHS England segment. No activity scored bad or very bad!

Food

The scores for food and drink showed an increase in the amount of people rating the food as 'very good', up 25%. 87% of young people gave the score of 'very good' and 'good' for the catering, this is the most positive result the YPF have ever given. Comments stated that the availability of more snacks throughout the sessions helped our concentration and energy levels.

Two people asked for earlier information on menus for their dietary requirements. Please let YPF staff know if you have any allergies such as gluten. Currently a low number of members are recorded as having food allergies. According to the records, no one has a gluten allergy.

If member's don't like the food offered to the YPF, we are always allowed to choose items from the public side of the Lagoon or ask for items to be cooked specially e.g. an omelette or burger. Please let the team know if you are not happy with the catering as staff are more than happy to make changes.

Other comments

- *"Best one yet because of how friendly and fun it was :-)"*
- *"Nice PowerPoint and quiz. Could be more interactive and young people friendly"* re the History Section
- *"Informative but nothing visual"* re the Q&A with Ward Priestman
- *"Lovely staff to help, cool tattoos, fun to do a photoshoot"*



ELECTIONS

During the last meeting we discussed the next steps for our election and our yearly check of:

- 1) The YPF Terms of Reference (this is a document that sets out the purpose and governance of the group, we refer to it as our mission statement - who the YPF are and what we do)
- 2) The role descriptions for the YPF Chair and Vice Chair
- 3) The pledge we say at the beginning of every meeting

The staff at YPF Headquarters are checking with the Governance Team that we are following all the rules and processes we need to—we will be updated via email as soon as this has been approved.

NEXT MEETING DATE

There is no just GOSH YPF meeting in October as we are replacing this meeting with the National YPF Meet Up on Saturday 14 October.

The next GOSH YPF meeting will take place on 16 December.



If you have any questions or just want to get in touch, please call or email!

- ypf.member@gosh.nhs.uk
- 02074059200 ex 1400
- 0770380893 (phone will be checked at intervals)

