

# Paediatric Chronic Pain Network Great Ormond Street Hospital

## Information for referrers

This information sheet outlines the referral criteria for the GOSH chronic pain service, how to refer, and who to call if you wish to discuss the appropriateness of a referral.

## Referral criteria

Our referral criteria are:

- Pain that has lasted for at least three months
- · Referral made by a Paediatrician or Hospital Consultant
- Patients must be under the care of a Consultant Paediatrician
- Referral should be in writing with the referrer's contact details\*
- Outline of patient's pain history
- Summary of investigations undertaken and treatments to date (all investigations for underlying health conditions should be complete prior to referral)
- List of current medications
- Names and contact details of other professionals involved

#### Who can refer?

Only Consultant Paediatricians or Hospital Consultants can make referrals to the GOSH chronic pain service.

## What support needs to be in place locally?

We are unable to accept a referral if the patient is not under the care of a Community Paediatrician. Additionally, patients referred to the GOSH pain service should already have support in place for any underlying conditions.

#### To whom should the referral be addressed?

Referrals should be addressed to the Clinical Lead for Pain Management and posted to

Department of Anaesthesia and Pain Medicine Level 4, Old Building Great Ormond Street Hospital for Children London WC1N 3JH

Or e-mailed to referrals@gosh.nhs.uk or faxed to 020 7242 4901.

<sup>\*</sup> Please provide a direct contact telephone number and an e-mail address for the referrer with all referrals.



## I would like to discuss a referral before making it. Who do I call?

The GOSH chronic pain service operates the Clinician Telephone Support Service (CTSS). This is open to healthcare professionals looking after children and young people with chronic pain. If you are not sure whether a referral is appropriate, you can call the CTSS for advice. Details about it, including how to access the service, can be found on the 'Refer a patient' page of our website (below).

## **Contact details**

Our website is <a href="www.gosh.nhs.uk/pain-professionals">www.gosh.nhs.uk/pain-professionals</a>.

General enquiries should be directed to <a href="mailto:pain@gosh.nhs.uk">pain@gosh.nhs.uk</a>.