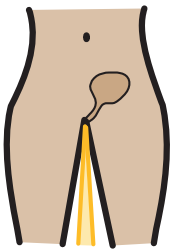


# Giving a urine sample

Great Ormond Street  
Hospital for Children  
NHS Foundation Trust



Your doctor can find out a lot about you by checking your wee.



They may ask you to give a sample for testing.



This is what you to do to give a wee sample.



Girls should wash between their legs.  
Boys should wash their penis thoroughly  
including under the foreskin.  
Do not use soap or wipes - just water.



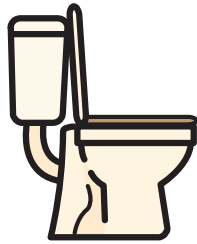
Next wash your hands with soap and water.



Get a bowl and make sure it is really clean.

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Let a little bit of wee out first then hold the bowl and wee into it. You can stand by the toilet or sit on it as you do usually.



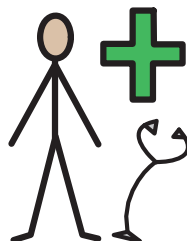
Pour your wee from the bowl into the sample bottle or test tube.



You might need to use a funnel.



Screw the lid on the bottle tightly.



Give the sample to your doctor.



If you have any questions, please ask us.