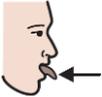
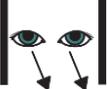




**NHS**

Great Ormond Street  
Hospital for Children  
NHS Foundation Trust

## How to take tablets or capsules (Easy Read)

	Wash your hands
	Check the label on the box so you know how many tablets or capsules you need to take
	Take the tablets or capsules out of the packaging
	Put the tablet or capsule on the back of your tongue
	Have a drink and swallow the tablet or capsule with the drink
	Look down as you swallow
	If your dose is more than one tablet or capsule, do the same thing again
	Store the box in a safe place away from children
	If you have any questions, ask your pharmacist

