



Great Ormond Street Hospital for Children NHS Foundation Trust

<p>Clinical Nurse Specialists (CNS) Monday to Friday, 9am–5pm</p> <p>Ruth Barratt</p> <p>Tel. 020 7405 9200 Ext 0517 or bleep 2123</p> <p>Karen Roberts-Edema</p> <p>Tel. 020 7405 9200 Ext 1195 or bleep 0228</p> <p>Email: muscle.service@gosh.nhs.uk</p> <p><u>OUT OF HOURS / WEEKENDS</u> <u>URGENT CONTACT:</u> In an emergency use local A&E Local Doctors can contact: Neurology Spr On-Call at GOSH: 0207 405 9200</p>	<p>Ways the CNS can help:</p> <ul style="list-style-type: none"> • Any medical issues • New diagnoses and their implications • Support during outpatient appointments at GOSH • Guidance on how to talk to children and young people about their condition • Advice and support with managing medications for your child's condition • Information on all areas of your child's condition • Liaising with local doctors, nurses and school teachers about your child's condition • How to manage and cope with on-going changes in your child's neuromuscular condition • Help with the co-ordination of your child's care when multiple teams are involved • Referral to palliative care services or other services
<p>Social Worker/Care Advisor Monday to Friday, 9am–5pm</p> <p>Ruth Haslett</p> <p>Tel. 020 7405 9200 Ext 0529 or bleep 0253</p> <p>Email: ruth.haslett@gosh.nhs.uk</p> <p>Otherwise, ask to speak to Ruth during your appointment.</p>	<p>Ways the Social Worker/Care Advisor can help:</p> <ul style="list-style-type: none"> • Support with a new diagnosis and the emotional and practical implications of this for your child and your family • Information and/or signposting on all areas of your child's condition • Putting you in touch with relevant support groups and/or other families in a similar situation as yourselves • Support at outpatient appointments at GOSH • Advocacy support in for example, education and housing needs and adaptation • Support with emotional and practical issues related to the on-going changes in your child's neuromuscular condition



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<p>Family Therapist: 9am-5pm Wednesday, Thursday and alternate Fridays</p> <p>Kate Waters</p> <p>Tel. 020 7405 9200 Ext 5056 or 5323</p>	<p>Ways the Family Therapist can help:</p> <ul style="list-style-type: none"> • Helping your family recognise and use your own resources to overcome difficulties • Supporting you through stresses and worries • Dealing with a change in function such as losing the ability to walk • How to manage behaviours, for example if your child is struggling to express their feelings <p>Kate can also meet with families when they come for outpatient appointments, talk by telephone or arrange to meet at other times.</p>
<p>Secretaries to Consultants: Monday to Friday, 9am–5pm</p> <p>Tel. 020 7405 9200 Dr Robb's/Dr Sarkozy Ext 0632 Dr Manzur Ext 0338 Prof Muntoni/Dr Quinlivan Ext 5849</p>	<p>Ways the Secretaries can help:</p> <ul style="list-style-type: none"> • Enquiries about follow up appointments • Enquiries about clinic letters • Questions for consultants for example about test results
<p>Clinic Coordinator: Monday to Friday, 9am–5pm</p> <p>Tel. 020 7405 9200 Ext 1132</p>	<p>Ways the Clinic Coordinator can help:</p> <ul style="list-style-type: none"> • Booking Patient Hotel • Any queries about appointments • Booking Transport • Booking Interpreters