Transition to adult health services

What is transition?
This is a hospital for children.
When you are 18 or 19 years old, you will visit a new doctor in a hospital for adults.
We will help you get ready for this.
Getting ready to visit an adult doctor is transition.

What will happen?
You might visit a clinic with both your doctor and the adult doctor. This is called a shared clinic.
You can talk to the adult doctor so you know them.
You can also visit the adult hospital.

When will I visit the adult doctor?
When you are 18 or 19 years old.
We will get you ready a long time before then.
We will talk to you to make sure you have help.

Where will I visit the adult doctor?
We will tell you where.
Your parent or carer can visit with you.
Your advocate can visit with you too.

Who can I talk to about transition?
You can talk to your nurse, doctor or parent.
Your teacher, social worker or Connexions carer can help too.