

Prior to commencing decolonisation protocol, ensure that a full set of screening swabs have been collected from nose, throat, hairline, axillae, perineum/groin, skin lesions and sites of indwelling devices to determine the degree of colonisation with MRSA.

	Site		Date and nurse's initials									
			Day 1		Day 2		Day 3		Day 4		Day 5	
1.	Nose (treatment for five days)	Date:										
	Mupirocin 2% (Bactroban Nasal®) nasal ointment – apply with a cotton wool bud to the inner surface of each nostril three times a day for five days. <i>N.B.: Prolonged use of Mupirocin 2% (Bactroban Nasal®) (more than seven days) or repeated courses (more than two in the same hospital admission episode) may increase resistance. Please contact the IPC team for advice.</i>		08.00		08.00		08.00		08.00		08.00	
			14.00		14.00		14.00		14.00		14.00	
			22.00		22.00		22.00		22.00		22.00	
2.	Skin (treatment for five days)											
2a)	Wash once daily with: <input type="checkbox"/> Chlorhexidine 4% (Hibiscrub®) } (delete as appropriate) or <input type="checkbox"/> Octenidine (Octenisan®)		10.00		10.00		10.00		10.00		10.00	
			<ul style="list-style-type: none"> <li>The skin should be moistened and the undiluted antiseptic solution applied thoroughly to all parts of the skin before rinsing in the bath or shower.</li> <li>Do NOT dilute antiseptic solution in bath water as the concentration is insufficient.</li> <li>A disposable sponge or flannel should be used to apply the antiseptic solution and discarded after use.</li> <li>Special attention should be paid to sites such as axillae, groin, perineum and buttock areas and other skin folds.</li> <li>Creams, lotions and other skin care products/cosmetics should be single patient use.</li> </ul>									

2b)	Dry patient with a clean towel. Change towel daily.										
2c)	Have bed linen changed whilst patient is in the bath or immediately after the wash.										
2d)	Change patient's underwear and clothes daily. Put on clean clothes after the daily bath or wash.										
<b>3.</b>	<b>Hair</b> ( <i>treatment for five days</i> )										
	Wash hair daily. Use as shampoo: <input type="checkbox"/> Chlorhexidine 4% (Hibiscrub®) or <input type="checkbox"/> Octenidine (Octenisan®)	<b>10.00</b>		<b>10.00</b>		<b>10.00</b>		<b>10.00</b>		<b>10.00</b>	
	<div> <div> <input type="checkbox"/> Chlorhexidine 4% (Hibiscrub®)  or  <input type="checkbox"/> Octenidine (Octenisan®) </div> <div>(delete as appropriate)</div> </div> Ordinary conditioner can be used after the shampoo if desired, as the antiseptic solutions can be drying to the hair.										
<b>4.</b>	<b>Wound (if applicable)</b> ( <i>treatment for five days</i> )										
	Mupirocin 2% (Bactroban®) ointment – apply to small superficial wounds twice daily.	<b>08.00</b>		<b>08.00</b>		<b>08.00</b>		<b>08.00</b>		<b>08.00</b>	
		<b>18.00</b>		<b>18.00</b>		<b>18.00</b>		<b>18.00</b>		<b>18.00</b>	

GOSH IPC Team October 2015

**Reference:**

GOSH Clinical Guideline: Control and management of Methicillin-resistant Staphylococcus aureus

Available at: <http://www.gosh.nhs.uk/health-professionals/clinical-guidelines/methicillin-resistant-staphylococcus-aureus-mrsa-control-and-management>