

Sunday lunch

Soups

- Lightly spiced lentil soup (v)
- Cream of chicken soup Cream of tomato soup (v)
- Brown bread roll White bread roll
- Butter Flora

Main meal options

Please select only one option from this section

- Baked hake with potato and cheese sauce (E)
- Vegetarian shepherd's pie with gravy (v) (E)
- Traditional roast beef with Yorkshire pudding and gravy
- Jacket potato with choice of fillings (E) – choose from list below
- Butter (E) Cheddar cheese (E)
- Tuna mayo (E) Baked beans (E)

Side dishes

- Baked beans (E) Chips
- Potato of the day Vegetable of the day
- Peas Sweetcorn
- Steamed rice (E) Mashed potato (E)
- Baked potato (E) Steamed carrots
- Gravy Ketchup

Snacks and salads

- Tomato and cucumber salad (v)
- Salad dressing – choice from list below
- Creamy (v) French (v) Mayo (v)
- Vegetable sticks with yoghurt dip (v)

Sandwich selection

- Chicken on white Chicken on brown
- Egg mayo on white Egg mayo on brown
- Ham on white Ham on brown
- Cheese on white Cheese on brown
- Choose any extra fillings from list below
- Tomato Lettuce
- Cucumber Pickle

If you would like another sandwich, please tell us and our chefs will make it for you.

Puddings and desserts

- Please select a maximum of two options from this section
- Syrup sponge pudding with custard (E)
- Hot Chocolate cake and chocolate sauce (can be served cold) (E)
- Low fat fruit yoghurt (E) Low fat plain yoghurt (E)
- Jelly of the day (v) (E) Chocolate mousse (E)
- Custard portion (E) Fresh fruit salad

Key: (v) – Suitable for vegetarians (E) – Category E fork-mashable

Fresh fruit, cereal, toast, cheese portions, yoghurts, biscuits, squash drinks, milk and hot drinks are always available

– Please ask a member of the ward team

Monday lunch

Soups

- Cream of broccoli, potato and cheddar soup (v)
- Cream of tomato soup (v) Cream of chicken soup
- Brown bread roll White bread roll
- Butter Flora

Main meal options

Please select only one option from this section

- Salmon fishcake with parsley sauce
- Spicy root vegetable and lentil casserole (v)
- Jamaican jerk chicken with rice and peas
- Jacket potato with choice of fillings (E) – choose from list below
- Butter (E) Cheddar cheese (E)
- Tuna mayo (E) Baked beans (E)

Side dishes

- Baked beans (E) Chips
- Potato of the day Vegetable of the day
- Peas Sweetcorn
- Steamed rice (E) Mashed potato (E)
- Baked potato (E) Steamed carrots
- Gravy Ketchup

Snacks and salads

- Tomato and cucumber salad (v)
- Salad dressing – choice from list below
- Creamy (v) French (v) Mayo (v)
- Vegetable sticks with yoghurt dip (v)

Sandwich selection

- Chicken on white Chicken on brown
- Egg mayo on white Egg mayo on brown
- Ham on white Ham on brown
- Cheese on white Cheese on brown
- Choose any extra fillings from list below
- Tomato Lettuce
- Cucumber Pickle
- If you would like another sandwich, please tell us and our chefs will make it for you.

Puddings and desserts

- Please select a maximum of two options from this section
- Apple, lemon and ginger crumble with custard (E)
- Hot Chocolate cake and chocolate sauce (can be served cold) (E)
- Low fat fruit yoghurt (E) Low fat plain yoghurt (E)
- Jelly of the day (v) (E) Chocolate mousse (E)
- Custard portion (E) Fresh fruit salad

Key: (v) – Suitable for vegetarians (E) – Category E fork-mashable

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Tuesday lunch

Soups

- Leek and potato soup (v)
- Cream of chicken soup Cream of tomato soup (v)
- Brown bread roll White bread roll
- Butter Flora

Main meal options

Please select only one option from this section

- Fish pie (E)
- Spinach and potato curry with naan bread and mango chutney (v)
- Turkey escalope with gravy
- Jacket potato with choice of fillings (E) – choose from list below
- Butter (E) Cheddar cheese (E)
- Tuna mayo (E) Baked beans (E)

Side dishes

- Baked beans (E) Chips
- Potato of the day Vegetable of the day
- Peas Sweetcorn
- Steamed rice (E) Mashed potato (E)
- Baked potato (E) Steamed carrots
- Gravy Ketchup

Snacks and salads

- Tomato and cucumber salad (v)
- Salad dressing – choice from list below
- Creamy (v) French (v) Mayo (v)
- Vegetable sticks with yoghurt dip (v)

Sandwich selection

- Chicken on white Chicken on brown
- Egg mayo on white Egg mayo on brown
- Ham on white Ham on brown
- Cheese on white Cheese on brown
- Choose any extra fillings from list below
- Tomato Lettuce
- Cucumber Pickle

If you would like another sandwich, please tell us and our chefs will make it for you.

Puddings and desserts

- Please select a maximum of two options from this section
- Honey and banana pudding with toffee sauce (E)
- Hot Chocolate cake and chocolate sauce (can be served cold) (E)
- Low fat fruit yoghurt (E) Low fat plain yoghurt (E)
- Jelly of the day (v) (E) Chocolate mousse (E)
- Custard portion (E) Fresh fruit salad

Key: (v) – Suitable for vegetarians (E) – Category E fork-mashable

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Wednesday lunch

Soups

- Carrot and coriander soup (v)
- Cream of tomato soup (v) Cream of chicken soup
- Brown bread roll White bread roll
- Butter Flora

Main meal options

Please select only one option from this section

- Baked haddock with sun-dried tomato and basil crumb
- Pasta in a rich tomato sauce with garlic bread (v) (E)
- Beef and vegetable pie
- Jacket potato with choice of fillings (E) – choose from list below
- Butter (E) Cheddar cheese (E)
- Tuna mayo (E) Baked beans (E)

Side dishes

- Baked beans (E) Chips
- Potato of the day Vegetable of the day
- Peas Sweetcorn
- Steamed rice (E) Mashed potato (E)
- Baked potato (E) Steamed carrots
- Gravy Ketchup

Snacks and salads

- Tomato and cucumber salad (v)
- Salad dressing – choice from list below
- Creamy (v) French (v) Mayo (v)
- Vegetable sticks with yoghurt dip (v)

Sandwich selection

- Chicken on white Chicken on brown
- Egg mayo on white Egg mayo on brown
- Ham on white Ham on brown
- Cheese on white Cheese on brown
- Choose any extra fillings from list below
- Tomato Lettuce
- Cucumber Pickle
- If you would like another sandwich, please tell us and our chefs will make it for you.

Puddings and desserts

- Please select a maximum of two options from this section
- Apple and cinnamon steam sponge (v) (E)
- Hot Chocolate cake and chocolate sauce (can be served cold) (E)
- Low fat fruit yoghurt (E) Low fat plain yoghurt (E)
- Jelly of the day (v) (E) Chocolate mousse (E)
- Custard portion (E) Fresh fruit salad

Key: (v) – Suitable for vegetarians (E) – Category E fork-mashable

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– Please ask a member of the ward team

Thursday lunch

Soups

- Cream of sweetcorn soup (v)
- Cream of chicken soup Cream of tomato soup (v)
- Brown bread roll White bread roll
- Butter Flora

Main meal options

Please select only one option from this section

- Grilled salmon with crushed herb new potatoes
- Vegetable and lentil moussaka (v)
- Chicken Tikka masala with mini poppadums
- Jacket potato with choice of fillings (E) – choose from list below
- Butter (E) Cheddar cheese (E)
- Tuna mayo (E) Baked beans (E)

Side dishes

- Baked beans (E) Chips
- Potato of the day Vegetable of the day
- Peas Sweetcorn
- Steamed rice (E) Mashed potato (E)
- Baked potato (E) Steamed carrots
- Gravy Ketchup

Snacks and salads

- Tomato and cucumber salad (v)
- Salad dressing – choice from list below
- Creamy (v) French (v) Mayo (v)
- Vegetable sticks with yoghurt dip (v)

Sandwich selection

- Chicken on white Chicken on brown
- Egg mayo on white Egg mayo on brown
- Ham on white Ham on brown
- Cheese on white Cheese on brown
- Choose any extra fillings from list below
- Tomato Lettuce
- Cucumber Pickle

If you would like another sandwich, please tell us and our chefs will make it for you.

Puddings and desserts

- Please select a maximum of two options from this section
- Lemon drizzle cake (E)
- Hot Chocolate cake and chocolate sauce (can be served cold) (E)
- Low fat fruit yoghurt (E) Low fat plain yoghurt (E)
- Jelly of the day (v) (E) Chocolate mousse (E)
- Custard portion (E) Fresh fruit salad

Key: (v) – Suitable for vegetarians (E) – Category E fork-mashable

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– Please ask a member of the ward team

Friday lunch

Soups

- Pumpkin soup (v)
- Cream of chicken soup Cream of tomato soup (v)
- Brown bread roll White bread roll
- Butter Flora

Main meal options

Please select only one option from this section

- Battered haddock fillet with chips and mushy peas
- Tofu and spinach cannelloni in a rich tomato sauce (v)
- Lancashire lamb hot pot
- Jacket potato with choice of fillings (E) – choose from list below
- Butter (E) Cheddar cheese (E)
- Tuna mayo (E) Baked beans (E)

Side dishes

- Baked beans (E) Chips
- Potato of the day Vegetable of the day
- Peas Sweetcorn
- Steamed rice (E) Mashed potato (E)
- Baked potato (E) Steamed carrots
- Gravy Ketchup

Snacks and salads

- Tomato and cucumber salad (v)
- Salad dressing – choice from list below
- Creamy (v) French (v) Mayo (v)
- Vegetable sticks with yoghurt dip (v)

Sandwich selection

- Chicken on white Chicken on brown
- Egg mayo on white Egg mayo on brown
- Ham on white Ham on brown
- Cheese on white Cheese on brown
- Choose any extra fillings from list below
- Tomato Lettuce
- Cucumber Pickle

If you would like another sandwich, please tell us and our chefs will make it for you.

Puddings and desserts

- Please select a maximum of two options from this section
- Chocolate and orange bread and butter pudding (E)
- Hot Chocolate cake and chocolate sauce (can be served cold) (E)
- Low fat fruit yoghurt (E) Low fat plain yoghurt (E)
- Jelly of the day (v) (E) Chocolate mousse (E)
- Custard portion (E) Fresh fruit salad

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Saturday lunch

Soups

- Cream of mushroom soup (v)
- Cream of chicken soup Cream of tomato soup (v)
- Brown bread roll White bread roll
- Butter Flora

Main meal options

Please select only one option from this section

- Moroccan spiced hake and smoked mackerel with sweet potato (E)
- Macaroni cheese with garlic bread (v) (E)
- Pasta Bolognese (E)
- Jacket potato with choice of fillings (E) – choose from list below
- Butter (E) Cheddar cheese (E)
- Tuna mayo (E) Baked beans (E)

Side dishes

- Baked beans (E) Chips
- Potato of the day Vegetable of the day
- Peas Sweetcorn
- Steamed rice (E) Mashed potato (E)
- Baked potato (E) Steamed carrots
- Gravy Ketchup

Snacks and salads

- Tomato and cucumber salad (v)
- Salad dressing – choice from list below
- Creamy (v) French (v) Mayo (v)
- Vegetable sticks with yoghurt dip (v)

Sandwich selection

- Chicken on white Chicken on brown
- Egg mayo on white Egg mayo on brown
- Ham on white Ham on brown
- Cheese on white Cheese on brown
- Choose any extra fillings from list below
- Tomato Lettuce
- Cucumber Pickle

If you would like another sandwich, please tell us and our chefs will make it for you.

Puddings and desserts

- Please select a maximum of two options from this section
- Sticky toffee pudding with toffee sauce (E)
- Hot Chocolate cake and chocolate sauce (can be served cold) (E)
- Low fat fruit yoghurt (E) Low fat plain yoghurt (E)
- Jelly of the day (v) (E) Chocolate mousse (E)
- Custard portion (E) Fresh fruit salad

Key: (v) – Suitable for vegetarians (E) – Category E fork-mashable

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