## PRESCRIPTION CHART

### Subcutaneous Nurse/Patient Controlled Analgesia

WARD

#### Pain Control Service Great Ormond Street Hospital for Children

Morphine only

SC NCA/PCA

NHS Trust, Great Ormond Street, London, WC1N 3JH

SURNAME FIRST NAME HOSPITAL NUMBER D.O.B. AGE WEIGHT

ALLERGIES?

#### SPECIAL INSTRUCTIONS

- For pump programming protocols, refer to Pain Management Chart
- Use in conjunction with Trust Clinical Practice Guidelines

(≤ 50 k	DATE									
DOSE mg made up to 20mls with 0.9% sodium chloride										
MAXIMUM VO excluding Lo	MIN									
PCA         DOSE RANGE           BACKGROUND         0 - 0.1 ml/hr           BOLUS         0.2 - 0.4 ml           LOCKOUT         5 - 10 min		ROUTE	• EXTRA BOLUS DOSE							
NCA         DOSE RANGE           BACKGROUND         0 - 0.4 ml/hr           BOLUS         0.2 - 0.4 ml           LOCKOUT         20 - 30 min           LOCKOUT ICU ONLY         5 minutes		– 0.4 ml/hr .2 – 0.4ml 0 – 30 min	SC	• LOAD DOSE						
Morphine S ACCORDING MAX DOSE >	• SYRINGE CHANGE									
START DATE SIGNATURE BLEEP 0577		SIGN								
PHARMACY US										

#### **AS REQUIRED DRUGS**

<b>NALOXONE</b> For respiratory depression						DATE						
DOSE PE	RN	other	RO	UTE(S)	Additional Instructions	HR						
			IV	7/IM	4 micrograms/kg (Max 200 mcg)	MIN						
MAX FREQ RESP RATE		DOSE										
micrograms STAT <			GIVEN									
START DATE SIGNATURE BLEEP 0577		breaths/min	ROUTE									
PHARMACY USE					SIGN							

#### **Protocol overleaf**

# Protocol for the use of Subcutaneous PCA / NCA

Use in conjunction with

Pain Management Chart and Clinical Practice Guidelines

#### **General instructions**

■ No supplementary opioids unless ordered by the Anaesthetist or Pain Service

■ Line for SC opioids should be exclusive or an anti-reflux valve must be used

Record observations according to Clinical Practice Guidelines

■ Assess pain HOURLY while on NCA/PCA, continue for 6 hours after cessation

■ Multi-modal / synergistic analgesia — ensure it is prescribed and use it

Treatment of side-effects:
Nausea & vomiting: Give antiemetics as prescribed
Itching: Chlorphenamine as prescribed

Over sedation: See Sedation Scale

Respiratory depression: Resp rate: If less than shown on drug chart:

Give oxygen
 Stop infusion
 Give naloxone
 Call Pain Service

4 microgram/kg IV

#### The Pain Service can be contacted on Bleep 0577 at any time (24 hours

#### **Subcutaneous**

up to 50 kg Morphine 1 mg/kg made up to 20 ml with 0.9% sodium chloride

1 ml = 50 microgram/kg (Max 4 hrly dose: 8 mls)

SUGGESTED INITIAL PROGRAM		Loading dose (ml)	Background inf (ml/hr)	Bolus dose (ml)	Lockout (mins)		
PCA	standard	1 or 2	0 or 0.1	0.2 or 0.4	5 or 10		
NCA	standard	1 or 2	0, 0.1, 0.2 or 0.4	0.2 or 0.4	20 or 30		
NCA	in ICU areas	1 or 2	0, 0.1, 0.2 or 0.4	0.2 or 0.4	5		
NCA	neonates & infants < 5 kg	0.4, 1 or 2	0	0.2	20		

> 50 kg

Morphine 50 mg

made up to 20 ml with 0.9% sodium chloride

1 ml = 2.5 mg(Max 4 hrly dose: 8 mls)

SUGGESTED INITIAL PROGRAM		Loading dose (ml)	Background inf (ml/hr)	Bolus dose (ml)	Lockout (mins)		
PCA	standard	1 or 2	0	0.2 or 0.8	5 or 10		
NCA	standard	1 or 2	0, 0.1, 0.2 or 0.4	0.2 or 0.8	20 or 30		
NCA	in ICU areas	1 or 2	0, 0.1, 0.2 or 0.4	0.2 or 0.8	5		