

## Massage Therapist Volunteer role description

Under the guidance of the Great Ormond Street Hospital (GOSH) Therapist, the Massage Therapist volunteer provides massage to parents/guardians of patients in a non-clinical environment for a one-off relaxation session. The sessions are booked through the GOSH Therapist or ward reception and are generally limited to no more than one hour.

Volunteer Massage Therapists must have a thorough knowledge of numerous massage techniques, possess a general understanding of body treatments and be willing to work with the GOSH clinical team. Therapists should be qualified and hold their own insurance. Use of oils and equipment will be reimbursed.

The massage therapist administers limited massage (only head, shoulders, arms, hands and feet) to parents/guardians of patients.

### **Time commitment:**

Minimum 2 hour session per week. Evenings, Monday to Friday, all day Saturday and Sunday

### **Key tasks:**

- To be guided by the GOSH Complementary Therapist on appropriate massage for parents/guardians
- Provide limited massage to parents/guardians of children – head, shoulders, arms, hands and feet only
- Provide consistent professional massage in accordance with GOSH protocols and accepted certificate practices
- Helping to maintain a clean safe environment in which massage can take place
- Setting up and tidying/cleaning/locking away equipment
- Alert GOSH Therapist/nursing staff to any issues of concern
- Handle questions and concerns professionally and courteously

### **Desired skills and experience:**

- Qualified masseur (must hold ITEC, IIHHT, IIST or equivalent)
- Enthusiastic and good customer service skills
- Good communication and listening skills
- Sensitive and tactful nature
- Emotionally mature
- Understanding of loss and bereavement issues
- Understanding of different cultures
- Reliable and trustworthy
- Understanding of personal/professional boundaries

### **We will provide:**

- Supervision and support from a dedicated member of staff at GOSH
- Induction to GOSH
- Specific training for the role
- Local induction to the ward or department
- On-going up-dates and information
- Reimbursement of travel expenses (maximum of zone 6 return journey)
- A meal allowance of £2.50
- References can be provided after 6 months of volunteering