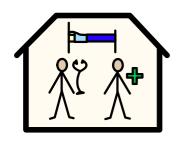


**NHS Foundation Trust** 

## Having a bone scan



You are coming to hospital for a bone scan. This looks at your bones and shows any problem areas.



You cannot have this scan if you are pregnant. We may ask you to give us a wee sample to test.



You need to drink lots of water for this scan to give good pictures.



We will put some cream on your hand to make it numb. A while later, you will have an injection. This shows up as a different colour on the pictures.



The liquid takes a few hours to travel to your bones. You can have something to eat and drink and can go outside the hospital. We will tell you what time to come back.

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When you come back for the scan, you will need to go to the toilet for a wee.



Some children have some medicine to make them sleepy for the scan. You might need this if you find it hard to lie still for a while.



We will help you get onto the scanner bed ready for your pictures. You need to stay very still so we get good pictures.



If you need a CT scan as well, we will do this straight after the bone scan.



After this, you can go home. Remember to keep drinking lots of water to get rid of the liquid.



Please ask us if you have any questions.