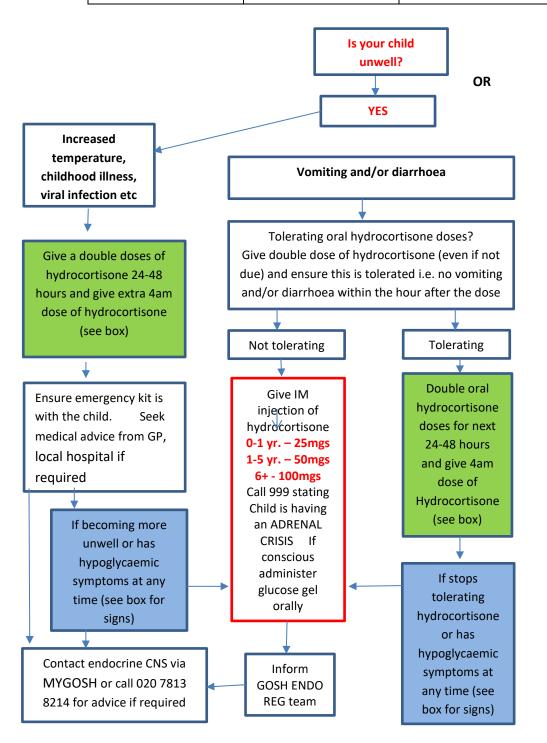
Replacement Hydrocortisone Illness Management Flow Sheet for Parents and Carers

Childs name		GOSH Consultant	
Date of birth	09/02/2022	GOSH contact number 020 7405 9200	Ask to bleep on call ENDO REG
Diagnosis	Cortisol deficiency	Current meds- Doses and times	Hydrocortisone:
Local Consultant & Contact numbers		Doses and times	



Has the child had an accident or significant injury?

I.e. head injury with loss of consciousness, broken limb, burn or showing signs of shock for any reason

Give IM injection of Hydrocortisone

0-1 yr. – 25mgs

1-5 yr. – 50mgs 6+ - 100mgs

Call 999 stating Child is having an ADRENAL CRISIS If conscious administer gel orally

4am dose

Give additional double normal morning dose at 4am.
Continue to give normal doubled doses at normal times

Signs of Hypoglycaemia

Pale, clammy, lethargic, confused, glazed, not acting as they normally should, sleepy, unable to wake up Give glucose gel orally

0-6 months- 1/3 tube (3g)
6 months- 2yrs- ½ tube (5g)
2-5 years- 1 tube (10g)
6+- 1.5 tubes (15g)