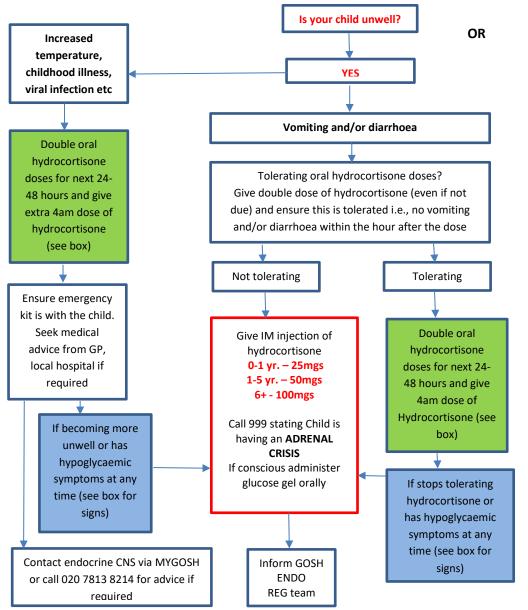
Replacement Hydrocortisone and DDAVP Illness Management Flow Sheet for Parents and Carers

Childs name	GOSH Consultant
Date of birth	GOSH contact number 020 7405 9200
Diagnosis	Current meds- Doses and times
Local Consultant & Contact numbers	Doses and times



Has the child had an accident or significant injury?

I.e., head injury with loss of consciousness, broken limb, burn or showing signs of shock for any reason

> Give IM injection of Hydrocortisone

0-1 yr. – 25mgs 1-5 yr. – 50mgs 6+ - 100mgs

Call 999 stating Child is having an **ADRENAL CRISIS** If conscious administer glucose gel orally

4am dose

Give additional double normal morning dose at 4am. Continue to give normal doubled doses at normal times

Signs of Hypoglycaemia

Pale, clammy, lethargic, confused, glazed, not acting as they normally should, sleepy, unable to wake up

Give glucose gel orally

0-6 months- 1/3 tube (3g) 6 months- 2yrs- ½ tube (5g) 2-5 years- 1 tube (10g) 6+- 1.5 tubes (15g)

IMPORTANT – This patient is on DDAVP if the emergency hydrocortisone injection has been given, we advise the following:

- Do not give DDAVP until assessed in hospital, U&Es checked, and sodium level is stable
- Allow to drink freely whilst off DDAVP, or give IV fluids equivalent to maintenance