## **Having an ECG**



**NHS Foundation Trust** 



You are coming to hospital for an ECG. An ECG looks at the electrical signals that make your heart pump. This helps the doctors decide how to look after you.



Your parents can come into the room with you. They can stay for the ECG too.



You will need to take off your top.



We will put some stickers on your chest. We will connect the stickers with wires to the ECG machine.



We may ask you to do some exercise during the test. We may ask you to ride a bicycle or walk up and down some stairs.



When the test is finished, we will take off the stickers. You can get dressed again.

## Having an ECG





If you are not having any other tests, you can go home.



Please ask us if you have any questions.