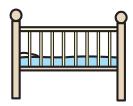
Preventing falls





Falls can happen anywhere - even in hospital. You can help us to reduce the risk of a fall.



If your child is in a cot or a bed with sides, keep them up whenever your child is on their own.



If you want to lower the cot sides, please ask us how to do it safely



The cot sides are there to keep your child safe - not for climbing.



Please stop your child jumping on the bed - this is what leads to most falls.



Keep the area around your child's bed clear and tidy. We need to be able to get to your child.

If you have any questions, please ask your nurse