



I am the tree, who grows up strong  
Weathering storms, wild and long,  
Roots down deep.

I am the bird who sings in the tree  
A trill of notes soaring free,  
Heart filled with hope.



From pollinating insects, to oxygenating plants, nature works in myriad unseen ways to keep the earth in equilibrium.

Green spaces and wild places provide a constant and universal source of balance and regeneration in today's challenged world. And we can all work together to protect this incredible planet.

### GOSH street gardens

Can you spot the tree-pits and planters on the pavements near the hospital? They provide vital ecosystems for bugs, plants and birds and are cared for by local residents all year round. From September 2021 you will also be able to enjoy the GOSH 'Parklet' - a pop-up green space near the hospital!

### GOSH main entrance

Can you spot the statue of Peter Pan blowing a puff of fairy dust? And the rainbow nearby?

### Morgan Stanley Garden

An oak tree produces 10 million acorns in its lifetime! But only about 1 in 10,000 acorns grows into a tree. Can you track your way to this leafy glade of oak leaves at the heart of GOSH?

### Coram's Fields

Welcome to London's first ever public children's playground - you can only come in if you are with a child! Look out for information boards in the park which will tell you all about its history - and don't forget to visit the wildlife garden for lots of fun activities!

### Queen Square

The rose bushes in Queen Square make it a favourite spot for hospital visitors. Would you guess that 2,000 people slept below these gardens in an air raid shelter during World War Two?

### Brunswick Square Gardens

Brunswick Square Gardens was built as part of the grounds of the Foundling Hospital. The magnificent London plane tree in the gardens is over 200 years old! In 2008, it was declared one of the Ten Great Trees in London.

### Alf Barrett Playground

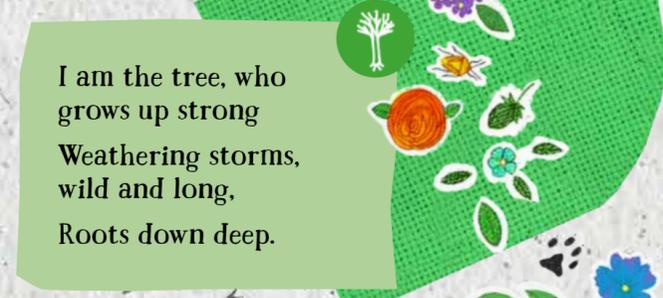
This fun, accessible children's playground is a little oasis for creepy-crawlies. The ground is hard landscaped, but don't let that fool you - there is plenty of nature in the city even in the most unlikely places!

### The Wandering Meadow

Can you find this beautiful meadow inside the hospital? This artwork, created by Sister Arrow, is linked to real seasonal conditions outside the hospital, so try to spot how the plants and animals change to mirror the weather outside.

### Your ward at GOSH

Great Ormond Street Hospital was founded in 1852 and was the first hospital in England to provide beds just for children. Today, it has 27 wards, 4,384 members of staff, and provides care for approximately 280,000 children every year.



We are the roses who bloom and breathe  
Petals' scent across the breeze,  
Soft smell of love.

We are the leaves who furl and fall,  
Then bud back green to dapple you all,  
Seasons of change...



We are the team who work all night,  
Soothing pain and healing fright with  
Love, courage, care.

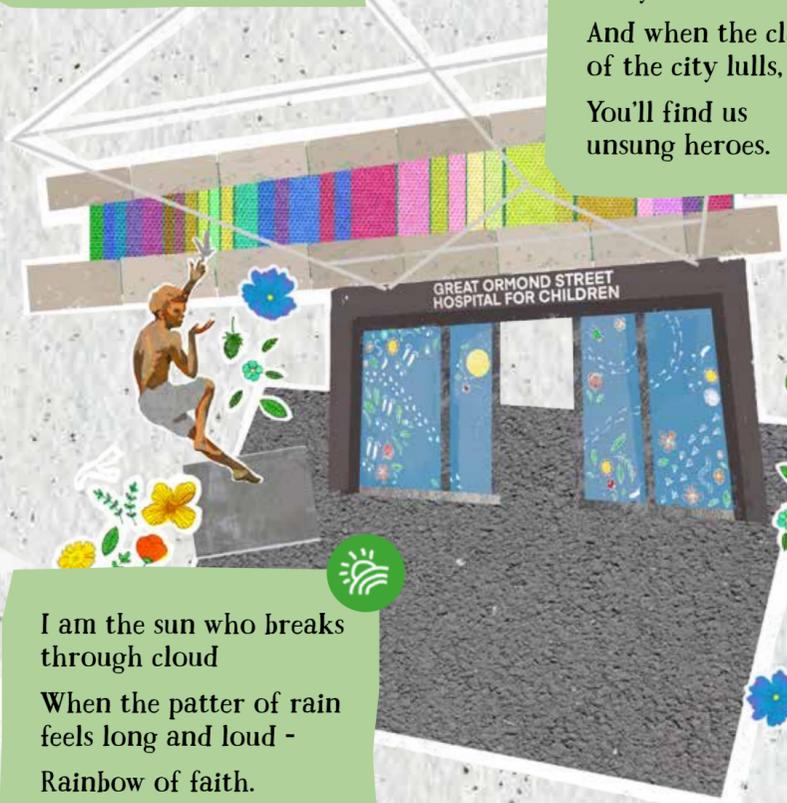


Joy, sorrow, hopes, fears.  
We hear your hearts, we feel your tears.  
And when the clamour of the city lulls,  
You'll find us unsung heroes.

I am the weather, rolling free,  
Constant change follows me,  
Shadows shift then go.



We are the plants who grow in the cracks,  
Sucking in soot, giving oxygen back,  
Little lungs of life.



I am the sun who breaks through cloud  
When the patter of rain feels long and loud -  
Rainbow of faith.



We are the creatures, shy and fleet,  
Who inhabit the street beneath your feet,  
Teeming unseen.



**GOSH Street Gardens**

**Diary of a seed**

Find your favourite street garden or window box and notice how the plants have started to grow amongst the pavements. Can you spot a flower or plant at each of these different stages:



**GOSH Main Entrance**



**Find a welcome rainbow!**

How many colours can you see in the plants and flowers around you? Don't forget to look at the GOSH front doors, which are decorated twice a year by a different artist or illustrator.

**Morgan Stanley Garden**

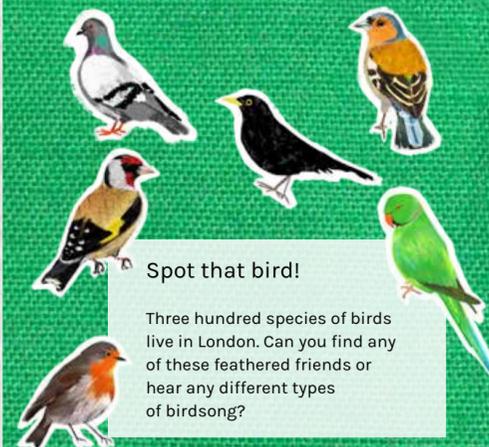


**Play garden bingo!**

Can you spot these leaves and flowers in the garden? Circle the plants you find - including one special metal leaf made from Corten Steel!



**Coram's Fields**



**Spot that bird!**

Three hundred species of birds live in London. Can you find any of these feathered friends or hear any different types of birdsong?

**Queen Square**

**Become a scent connoisseur...**

Close your eyes and ears, and make a list of everything you can smell - rain on hot soil? Tangy car fumes? Somebody's coffee? Pollen? Flowers? Earth?

Psssst! If you're an outpatient at the Sight & Sound Centre, don't forget to explore the beautiful Sensory Garden.

**Brunswick Square Gardens**

**Find the Great Plane Tree and get to know it a little better**

- Give the tree a hug - wrap your arms around its HUGE trunk and notice how it feels - rough bark? Warm from the sun? comforting?
- Spot how its speckled grey bark looks a bit like army camouflage
- Find the low swooping branches, only a few feet from the ground
- Explore some fallen leaves - do they feel thick and waxy, with three to five triangular lobes?
- Count the dangly 'pom-pom' seeds, hanging from the branches like Christmas baubles! Notice how spiky they feel to the touch...

**Alf Barrett Playground**

**Let's go on a beastly hunt!**

Be an animal detective! Look around the playground for clues that animals have been to visit. And peek into the cracks of the pavement for little minibeasts. As night begins to fall, nocturnal animals come out to play - foxes, mice, cats - even bats and hedgehogs! Can you glimpse any traces of these shy creatures as you play, or imagine how they might make their home on nearby streets?

**The Wandering Meadow**

**Make a moodboard in your mind**

Imagine the weather constantly changing outside - how does it make you feel? What's the weather forecast for tomorrow? Might this alter how you feel?

**Your Ward at GOSH**



**Picture nature wherever you are**

From your ward or back at home, make a nature-inspired picture or card for a member of the GOSH team. This could be a nurse, doctor, receptionist, porter, teacher - anyone! Try looking from a hospital window to see if you can spy any city-dwelling animals or plants. Or use your imagination to recreate your own favourite green space and all the creatures living there.

Our work plays an essential role in enhancing the hospital experience at GOSH. Engaging with visiting artists and having art integrated into our buildings helps to create more relaxed spaces, less clinical environments and contributes to reducing stress and anxiety for our visitors and staff.

GOSH Arts is the arts programme at Great Ormond Street Hospital. Our participatory and temporary art commissions and temporary exhibitions inspire creativity, create welcoming environments, and offer meaningful cultural opportunities across a variety of art forms for patients, families and staff.

**Enhancing the hospital experience at GOSH**

**GOSH Green Spaces Trail**

**Finding nature all around...**

Great Ormond Street Hospital sits at the heart of London - a busy city of 620 square miles that's home to over 7 million people! Surrounding the hospital are tall buildings, crowded pavements and a far-reaching network of roads. But even in this bustling metropolis, you'll find nature all around!

To celebrate the theme of 'Biophilia', GOSH Arts have collaborated with author/illustrator duo Doodles & Scribbles to bring you closer to the natural world within this city. Let our poem lead you to hidden green spaces and wild places! Enjoy fun activities along the way. Be amazed by what you discover. Share your wild adventures. And take a moment to admire the little miracles of nature that help keep our precious world in balance.