

**NHS Foundation Trust** 

## Having a tummy assessment



Your digestive (said: dye-jess-tiv) system is a very long tube that goes from the back of your mouth to your bottom. Everything you eat and drink goes through this tube and all the goodness is taken out. Your body needs this goodness to work well.



You are going to stay in hospital for a few weeks so the doctors can understand how your digestive system is working.



The team will tell you what will happen for the first week. They will talk to your parents about the aim for the assessment.



For the first week, you will not have any tests or scans. You will eat like you do at home and your nurse will check you lots of times each day.



They will measure everything you eat and drink and also check how much wee or poo you pass.

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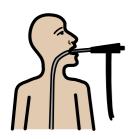
If you have a sore tummy, your nurse will give you some medicine.



You will go to school every morning and every afternoon to carry on with your lessons. Your school at home will send in work for you to do.



The team of doctors and nurses will meet your parents regularly during your stay. They will tell them what they have seen so far. They will explain the plan for the next few days.



You may have some tests and scans the next week. The team will plan these so you can still go to school. They will make sure you have time off between each one too.



When they have the results of all the tests and scans, they will talk to you and your parents. If you need more treatment, they will explain this to you.



The team will tell you when you can go home. They will give you a letter saying what happened while you were in hospital.



Please ask us if you have any questions