

## Appendix 1: Ketogenic diet monitoring labs and other investigations

(enter N=normal, AB= abnormal and specify;

investigations highlighted grey to be repeated 3-6 monthly, or at least annually)

Dates:	Baseline:		
Weight (kg)(+ centile)			
Height (cm)(+ centile)			
<b>Investigations:</b>			
FBC			
U & E,			
Bicarbonate (not needed at baseline)			
Glucose			
Liver function tests			
Cholesterol, triglycerides (if high repeat in fasting state)			
Trace elements zinc, selenium,			
Vitamin D (25 hydroxyvitamin D)			
Acylcarnitine profile (includes free carnitine)			
NEFA & BOHB (free fatty acids, beta-hydroxybutyrate)			
Urine organic acids			
Urinalysis for blood & protein, (on clinic attendance)			