

Great Ormond Street Hospital for Children NHS Foundation Trust: Information for Families

## **Busulfan**

Please read this in conjunction with any patient information leaflet provided by the manufacturer. However, please note that this information sheet explains about the use of busulfan in children and young people so may differ from the manufacturer's information.

This information sheet explains what busulfan is, how it is given and some of the possible side effects. Each person reacts differently to medicines, so your child will not necessarily suffer from every side effect mentioned. If you have any questions or concerns, please speak to your doctor, nurse or pharmacist.

### What is busulfan?

Busulfan is a chemotherapy medicine used before bone marrow transplant or high dose therapy with stem cell rescue to help treat certain types of cancer and metabolic conditions.

## How is it given?

It is given as an infusion into a vein (intravenously) through a central venous catheter, implantable port or PICC. It is usually given either twice a day or four times a day for four days.

## What are the side effects?

#### Nausea and vomiting

Anti-sickness drugs can be given to reduce or prevent these symptoms, although this may not be allowed in some treatment protocols. Please tell your doctor or nurse if your child's sickness is not controlled or persists.

#### Bone marrow suppression

There will be a temporary reduction in how well your child's bone marrow works. This means your child may become anaemic, bruise or bleed more easily than usual, and have a higher risk of infection. Your child's blood counts will be checked regularly to see how the bone marrow is working. Please tell your doctor if your child seems unusually tired, has bruising or bleeding, or any signs of infection, especially a high temperature.

#### Mouth sores and ulcers

Your child may get painful or bleeding gums, ulcers or a sore mouth. You will be given advice about appropriate mouth care including a copy of the mouth care leaflet. If your child complains of having a sore mouth, please tell your doctor or nurse.

#### Diarrhoea

If your child has a sore mouth, he or she will often have a sore tummy too. This can cause pain and bloating as well as diarrhoea. Please tell the doctor or nurse if your child has diarrhoea that is not controlled or persists. It is important that your child drinks lots of fluids.

#### Hair loss

Your child may lose some or all of his or her hair, including eyebrows and eyelashes. This is temporary and the hair will grow back once the treatment has finished

#### **Skin discolouration**

Busulfan may cause your child's skin to develop a darker colour. This is usually temporary and should disappear once treatment has finished.

#### **Liver function**

Busulfan can sometimes cause significant changes to your child's liver function. This should return to normal when the treatment is finished. Blood tests will be taken to monitor your child's liver function and his or her weight and tummy measurement will be recorded. If you notice the whites of your child's eyes or their skin becoming yellow, please let your doctor or nurse know immediately.

#### Lung problems

Busulfan may cause changes to the lung function. If your child develops a cough, has difficulty breathing or chest pain, please tell your doctor or nurse immediately

#### **Fits or seizures**

There is a small risk that your child may have a fit or seizure during busulfan treatment. If your child is thought to be at risk, medicine will be given to help stop this from happening

#### Fertility

Depending on the combination of medicines and the dose that your child is given, his or her fertility may be affected. If you feel you would like more information, please discuss this with your doctor.

#### Secondary cancers

There is a very small risk of your child developing a second cancer after many years. If you would like more information, please discuss this with your doctor.

# Interactions with other medicines

Some medicines can react with busulfan, altering how well it works. Always check with your doctor or pharmacist before giving your child any other medicine, including medicines on prescription from your family doctor (GP), medicines bought from a pharmacy (chemist) or any herbal or complementary medicines.

## **Useful numbers**

GOSH switchboard020 7405 9200Pharmacy medicines information020 7829 8608

(Monday to Friday from 9am to 5pm)

Compiled by the Pharmacy department in collaboration with the Child and Family Information Group Great Ormond Street Hospital for Children NHS Foundation Trust, Great Ormond Street, London WC1N 3JH www.gosh.nhs.uk