Summer 2014



Volunteering at

Great Ormond Street Hospital

Welcome from Jamie Wilcox, Head of Volunteer Services

FOCUS

Hello everyone. It's been another busy few months for volunteers and Volunteer Services.

I'm delighted to introduce Zeena Agha, who joined the Volunteer Services team as the Recruitment and Support Assistant. Zeena's role is to support new volunteers going through their pre-volunteering checks and training. It's wonderful having Zeena on the team and has freed Patti up to do more placement and support work with volunteers.

In the past few months we have celebrated the annual staff awards, which saw 4 wonderful volunteers chosen as this years winners of the Volunteer of the Year Award. It's always a proud moment seeing our volunteers win this award.

We have also seen the opening of the new reception, with the very popular interactive fish pond, the eyecatching patient's under-the-sea mural and the boat housing all the reception services. Our ever-vigilant GOSH Guides brighten the main entrance even more and are a welcome smiling face as you make your way into the hospital. There has been much praise and thanks for their work.



Very shortly I will be announcing the new structure for Foundation Trust membership, where we will be able to offer every volunteer the wonderful opportunity to become a member of GOSH! Look out for my email.

Volunteer Services is about to launch the new and exciting profile system for all volunteers, where you will be able to create your own profile, monitor your volunteering at GOSH and book new roles and events. We'll keep you posted about this too.

In this issue you will also find some interesting articles on departments and events in GOSH, read about some of our volunteers experiences and read all about our very own Radio Lollipop team and what they do.

Also, the GOSH Games are back! Look out for the fun and excitement on the 23rd July.

Best Wishes Jamie

Welcome Wave! A big hello to our new volunteers and congratulations to those who have gone on to do new/additional roles:

Badger Buddies - Chris Crocodile Club - Alicia, Sanya GOSH Guides - Afsana, Barrie, Beatrice,

Catherine Hartnett, Catherine Harvey, Coriander, Elenor, Fatema, Helen, Joo-Hee, Kapil, Katherine, Manisha, Marie, Natacha, Natasha, Ramona, Richard, Roberta, Ruchira, Sabha, Sanya, Semran, Sunny, Tigi, Usmann, Vasishali, Enzo Pat Dog - Luna (and her owner Nicky!) Play Support - Gresa, Isabelle, Jason PPS - Helen (Fox/Robin), Julie (PICU),

Saturday Club - Angela, Elizabeth, Emma, Fiona, Klara, Louise, Lubna, Lucy, Maria, Rachel, Reema, Rosie, Sophia

Ward Host - Lisa, Marie (Flamingo)



A day in the life of...

Lily, Play Volunteer

Hello! I have just come to the end of a great year of volunteering at GOSH and I have been asked to share my experience with you all.

After a couple of months of guiding, which I thought was a great way to get to know other volunteers and the layout of the hospital, I moved to Panda, which is a Child and Adolescent Mental Health Outpatient ward specifically offering mental health support to children with feeding disorders and their families.

I volunteered two mornings per week as Play Support. This involved playing with children aged 1-15 in the playroom, while their parents met with clinicians. The children varied in terms of their needs; sometimes they would have a complex medical condition or a social communication disorder such as Autism, so I was always kept on my toes. I helped the Play Therapist to adapt play activities according to the child's needs and interests, which meant we were always doing different types of play and discovering new activities to do with the children. I was a big fan of fishing in the water pond and creative activities such as painting miniature flags for our world cup display board.

*

My role also involved chatting to parents while their child was in with the clinicians, which I always enjoyed and found stimulating. I have met so many inspirational and lovely families and have fond memories that I will treasure.

As a psychology graduate and someone looking to pursue a career in clinical psychology, the placement was perfect for me and the team really welcomed me on board. I was able to attend multidisciplinary team meetings, in which a child's case and treatment plan would be discussed in depth, and I was even able to observe a couple of neuropsychological assessments.

I am so grateful to Volunteer Services at GOSH and the team on Panda ward for training and teaching me, providing me with a range of experiences and opportunities and contributing to an amazing year at GOSH. I am very sad to be leaving and hope I will be back one day, as a volunteer or a member of staff.





Radio Lollipop in the spotlight



for Children in Hospital

play and entertainment

for children and young

people in hospitals. The

service to children and

entirely by volunteers,

checked, selected and

trained to make a child's

stay in hospital more fun

Each volunteer commits

interactive play with children

fun and interactive activities.

Most of the hospitals where a

a unique child-orientated

programme of interactive

Radio Lollipop service is in place

competitions, music, stories and

hugely healing and therapeutic to

children who are unwell and both

can act as welcome distraction or

normaliser in a sometimes alien

games. Music and play can be

also have a radio studio, providing

using a comprehensive range of

to 2 hours per week of

who have been CRB

and less frightening.

young people is provided

years ago this May, Radio Lollipop is an international organisation providing care, comfort,

Founded 35

volunteers bring, and parents may be able to take a few minutes break while their children are being entertained.

Radio Lollipop also provides a 24 hour 7 day a week radio programme to these young hospital patients and aims to extend this to recently discharged children via its website www.radiolollipop.org



At Great Ormond Street, the charity launched on 22 June 2006 and broadcasts live three times a week from inside the hospital on Sundays between 4pm and 6pm, and Mondays and Wednesdays between 6pm and 8pm. Its army of 90 active volunteers visit an average of 4 children on their wards per volunteer per shift, covering thousands of children every year.

You will often see the volunteers in their easily identifiable white and red tshirts going around the hospital in pairs, wheeling along their trusty trolleys of toys, arts and crafts activities and games. They will usually be also wearing a very broad smile because this is one role that delivers huge job

satisfaction! Emma Bartholomew, a weekly Wednesday play volunteer and the charity's London Press and PR coordinator, says of her own experience, "My Wednesday evenings at GOSH are simply the best time of my week. Whatever else is going on in life outside the hospital, playing with the children or speaking to them on the radio puts everything else into

immediate perspective and I leave after my shift with a beaming smile. Obviously, it can be tough to see children who are clearly very unwell, but to know that they have enjoyed some time playing with us, and have given so much to us, is just magical. It's an enormous privilege."

Radio Lollipop also operates at Evelina London at St Thomas' and in 25 hospitals

in the UK, USA, Australia and New Zealand. The charity is in the process of expanding into other countries, including South Africa, within the next 12 months.



GOSH Patients can tune into Radio Lollipop through their TVs and can chat to presenters on the radio or request their favourite songs during live operating hours by calling 6762 from the phone in their rooms.



and scary environment. Patients' siblings and parents also benefit from Radio Lollipop's visits as siblings who are upset by their brothers and sisters being poorly, bored of waiting around or who don't necessarily understand what's going on, enjoy the distraction and fun the

Follow - the - junior doctor project

I have been volunteering at GOSH for almost a year now, first working as a Guide and then moving onto Badger ward as a Badger Buddy. I really enjoy engaging children with respiratory conditions into play activities.

Recently graduating with a Biomedical sciences degree and as an aspiring medic, I have been hoping to gain a close insight into the work of junior doctors at GOSH.

There couldn't have been a more suitable opportunity for this than the 'Follow a Doctor Project'. The week consisted of recording the minute by minute workflow of junior doctors, aiming to provide information for an improvement project that may affect the training of future Senior House Officers (SHO).

Shadowing the doctors across different specialities including Plastic Surgery, General Surgery, and Urology, it became obvious that the doctors have a very hectic day running from task to task. It was lovely to work in pairs during the day as it gave me the opportunity to meet some of the other wonderful volunteers at GOSH, and we were able to share our thoughts and experiences. Personally, the most unexpected and most thrilling part of the week was going into theatres, which were informal teaching sessions for the doctors. It was hard to contain my excitement being in scrubs!



I watched over some of the more routine surgeries at GOSH under the Plastics department such as maxillofacial cleft lip and palate surgeries as well as a craniofacial surgery which involved reshaping of the frontal bone. Whilst shadowing the General surgery SHO I was able to hold a newborn baby whilst the doctor was learning how to perform a rectal biopsy from his senior colleague. The most interesting experience was watching a lifesaving rare operation which involved the removal of an incredibly large lesion from the lower back of a child! The doctor explained the details to us as the procedure was conducted.

Overall the week was more eventful than I initially expected, making it a memorable experience. The theatre experience was certainly overwhelming and very informative for my future career aspirations, and taught me a lot about myself too, I did not previously know I was capable enough to witness live operations!

Moonisah Bajwa (Badger Buddy)



Forum feedback 19th May We welcomed Danielle Wagner – Biomedical Research Centre Coordinator.

Danielle explained that the Research department based in the Institute of Child Health in Guilford Street, aims to accelerate discoveries into the basis of

Patti's Forum Feedback

childhood rare diseases and to develop novel diagnostics, imaging techniques and new treatments, including cellular and gene therapies.

Funding streams come via GOSHCC, private industry, Wellcome Trust and Leukaemia research fund, enabling the set up of various projects and clinical trials such as:

Studies of children with Duchenne muscular dystrophy (DMD) show that gene therapy restores the missing DMD-causing dystrophin protein. This and other gene therapy treatments have the potential to work for at least 70 per cent of DMD patients.

We assisted Danielle and her Team during International Clinical Trials day in the Lagoon providing various art and craft activities for patients and families.

If you would like to find out more about Research projects and outcomes please visit <u>www.gosh.nhs.uk/research</u> and innovation.



Chaplaincy Support

Chaplaincy is all about being there for patients, families, staff, and yes, volunteers too of any or no faith. We believe that everyone has a spiritual side which can help us deal with life's challenges, give us hope and meaning and help us to see how our current experiences are part of the bigger picture. Chaplaincy presence in hospitals like GOSH is important because the nature of what we do inevitably raises some of those big "What's it all about?" kind of questions.

We offer support in a number of

different ways. People assume that most of our time is spent doing religious things with people who are clear about their religious faith, but that is not the case. We really are here for everyone, so we can go from doing a baptism of a very sick child, to listening to a family who are struggling make a difficult decision about their child's care. A lot of chaplaincy is about presence – just being there as a supportive presence when life is challenging.

We do of course hold regular services – Friday Jummah prayers, a weekly Holy Communion service, daily prayers etc. We are also able to rituals for key life and death events – baptisms, blessings, funerals and memorial services. We try to make these as personal as we can to meet the need of that family at that time.

We are a multi-faith team and currently have chaplains from Muslim, Roman Catholic, Greek Orthodox, Jewish and Church of England traditions. One advantage of this diverse team is that we try to celebrate the major festivals from different faith traditions so, to name but a few, we will put up a Sukkah for the Jewish festival of Sukkot, sing carols at Christmas and eat delicious food at Eid-al-Fitr. It is important for our team to take

a lead in raising awareness of these festivals because they mean a lot to many of our patients and families and celebrating them in the hospital enables them to feel more connected to their own community.

In terms of our wider brief across the Trust, chaplains sit on the ethics committees, are part of the psycho-social teams, teach on issues such as bereavement and cultural awareness, and so much more. A chaplain is available on call 24/7 to respond to any emergency needs of our patients and families. Whilst this is often a sad and traumatic part of our work, it is also much-valued and important to offer as a key part of being a chaplain is "being there" so that cannot only be confined to office hours.

The Chapel Foyer is home to our Book of Remembrance, where the names of children who have died in our care are recorded. Almost every day of the year a bereaved family come in to see their child's name and we try to have a chaplain available to

support them.

Chaplaincy at GOSH has some excellent dedicated space available. Most famous is St Christopher Chapel in VCB Level 2. It is a magnificent Victorian chapel very much focussing on children e.g. the pews are a perfect size if you are 5!

We also have a Multi-Faith Room (Southwood Level 2) which is mostly used for Muslim prayers, and has the necessary ablution facilities. Our newest space is a wonderfully-equipped Jewish Shabbat Room which is a place for our Jewish families to eat a meal and find refreshment on the Sabbath and other festivals.

We also have a tiny but beautiful chapel at the top of The Italian Building which families can use as a space for quiet reflection as it is close to our parent accommodation rooms.



Easter - Teddy Bears Picnic



Tuesday 15th April was the day of the Teddy Bear's Picnic

The Lagoon was transformed into a magical fun space for our



patients and families which included all the special ingredients needed to ensure a fun lots of fun playing games beat the goalie, giant connect four, making Easter hats, decorating mini mugs, making Easter cards, eating cupcakes and having their faces painted.

Fabulous entertainment was provided by our all singing all dancing Fairy Shari and her Team.

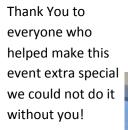


time was had by all. The Party was also taken up to the wards so



patients and their families did not miss out on the FUN.

Attending the Party were our very special guests Mr Panda, Mr Gruffalo, several Easter Bunnies, some Easter eggs and lots and lots of bears!





The Party was packed full of patients and families all amazed at the magical spectacle our volunteers created. Everyone had







Staff Awards... and the winners are...

This year's star-studded Staff Awards event was hosted by Christine Bleakly and our Director of HR, Ali Mohammed. Amongst a glittering array of GOSH stars, our volunteers stood out as something very special!



As usual the venue, the Kennedy Lecture Theatre in ICH, was packed out with many people standing in isles and sitting on steps. The noisy audience soon got into the spirt of the evening and there



Great Ormond Street Hospital for Children NHS Foundation Trust Annual Staff Awards

was much cheering for all winners of various categories. This year's winners of the Volunteer of The Year Award went to the PICU/NICU team-Val, Hilary, Jackie and Helena. The four were over the moon with their win - against some stiff competition. With 13 individuals nominated this year, it was a great year for volunteers, who are increasingly recognised throughout the hospital. A wonderful effort and so lovely to see our volunteers making a big splash in the Trust! Congratulations to all the nominees and the winners! Look out for next year's event and hope you can make it.



Learning about how it works in Theatre

Puffin Volunteers, as part of their training and induction have all had a chance to observe theatre. Here is Henrietta's day...

As a Volunteer on the new Puffin Ward, having previously been on Dinosaur, I, as all the Puffin Volunteers, was offered a day in the VCB Theatres, where most of the children on Puffin go for their operations.

I grabbed the opportunity! It was set up by Ciara Mcmullin, the Practice Educator on Theatres, and I was met by Mike Stylianou, who pointed me to the female changing room. I donned my 'scrubs' and borrowed crocs, and so was set up for the day, feeling very professional. I was taken to the Theatre 1 anaesthetic room where the nurses and doctors were all very friendly and informative, happy to explain what they were doing.

I spent the morning watching various plastics operations, removal of scars, growths and a tongue tie. The handsome surgeon insisted on music from his IPod! Everyone was relaxed, organised and efficient and happy to let me watch.

After a short lunch break, I was chatting to Martine, a theatre sister, and said I would love to see a bigger operation. She was incredibly helpful and allowed me into other theatres to watch some bowel operations including a 10 day old baby who had his intestines outside his stomach.

I saw a senior surgeon supervising a younger one in a very delicate operation.

It was a fascinating and thrilling day, and proved once again how lucky all the children are that come to GOSH for their care.



Thank you to those who organised it. Henrietta St. George



The Friends and Family Test at GOSH

Regular feedback from families about the care and treatment of our patients is vital for making improvements. The Friends and Family Test (FFT) gives patients, parents and carers the chance to explain whether or not they would recommend the ward to friends or family if they needed similar care or treatment. The FFT, which has been implemented across the NHS, aims to ensure transparency, celebrate success and galvanise improved patient experience.

Patients and families are asked the question: "How likely are you to recommend our ward to friends and family if they needed similar care or treatment?"

Participants can respond by selecting from a scale, from 'extremely likely' to 'extremely unlikely'. A follow-up question asks patients and families why they gave the answer selected.

Implementing the FFT at GOSH

- From 1 April 2014, the FFT will be offered to all inpatients (one night stay or more).
- Every month, 15 per cent of patients should respond and we should achieve a minimum of a 0
 FFT score (Number of patients who would strongly recommend minus those who would not recommend or are indifferent.
 This is measured against a scale between -100 and +100).
- Provide the FFT opportunity to outpatients and day cases by 1
 October 2014

How does the FFT work for inpatients?

 Paper feedback cards are given to patients/families at the point of discharge or within 48hours of discharge.

- Feedback cards can be returned anonymously into feedback boxes or by freepost.
- Responses are entered into an internal electronic system.
- Results are reviewed by staff for improvements and results displayed for patients/families to see each month.

Results so far

Results can be seen on the Friends and Family Test page on the GOSH intranet site: <u>http://</u> goshweb.pangosh.nhs.uk/ clinical and research/nursing/ friends-and-family-test/Pages/ <u>default.aspx</u>

For more information about the FFT at GOSH, please contact Charlie Magness (Project Manager) at

charlotte.magness@gosh.nhs.uk

Updates - Dates for your diaries

Volunteer Forums - Conference room of York House:

- 17th July
- 25th Sept
- 10th November

GOSH Games - Lagoon:

• Wednesday 23rd July

Training:

- Volunteer Training &
 Assessment for new vols:
 - \Rightarrow 9th July
 - \Rightarrow 6th August
 - \Rightarrow 11th & 30th Sept
 - \Rightarrow 8th October

- Trust Induction :
 - \Rightarrow 14th July
 - \Rightarrow 11th August
 - \Rightarrow 8th September
- Loss & bereavement -TBC
- GOSH AGM: 11 Sept



Sarah's volunteer experience

Hi everyone,

My name is Sarah Medouda and I am a 20-years old French exchange student. I came to London to finish my degree in Applied Foreign Languages – specialised in the field of Art, Culture and Education in hospitals – at the University of Westminster and above all, to live a volunteering experience at *Great Ormond Street Hospital*. This wonderful chapter of my life spent in London is now coming to an end... so I want to tell you a bit more about it!

Experienced in travel, passionate about discovery, art and cultures, my experience in London has certainly been one of the most rewarding adventures I had so far; I would even say the most wonderful of my entire life! London is a magnificent and a very charming city.

As far as my volunteer experience at GOSH, it was the most enriching and unforgettable part of my stay. I already have had volunteer experiences in France (essentially in primary schools, being involved in artistic projects with children) but I have never lived an experience as beautiful and singular as the one I lived at the GOSH. The recruitment process to get a placement there was very meticulous and tough... but I was selected and finally got a chance to be part of the volunteering programme. For that reason alone I could just give full throttle and enjoy my volunteer experience from the first to the last second!

I have been volunteering for 7 months within the GOSH's Activity Centre and school. One day per week and during holidays, under the guidance of the GOSH staff, I had to provide basic and diversionary play and art activities for patients and their siblings. I also gave Spanish lessons to a patient, spoke in French during activities with children who learn French and used my skills in Arabic language to



play with the Arab speaking patients and exchange with their families. I learned to adapt activities according to the desires and the physical ability of each child. I was amazed to see the amount of different games, activities and equipment available for the children in the Play Centre! Including regular activities from external groups – such as Singing Hands – that are offered to the children and their families.

But the majority of the time I enjoyed playing with each child and answering their own desires of the day, even if I had to pick it up the older game hidden behind the mountains of toys! Finally, I learned many new skills and I gained a lot of self-confidence while volunteering at the GOSH.

But the most beautiful and rewarding part of my experience lies in the relationships I created with the children, their families and the staff. Even after only a short time children would remember me as I formed a strong relationship with them. It is always pleasant to see that someone remembers your name... But when dozens and dozens of children remember it so quickly, it is just so touching and wonderful! Moreover, I met a team of wonderful and competent professionals who are passionate about their work and who set up major projects and festive events for the patients and their families.

Finally, I was greatly surprised and touched by the importance and impact that the charity has within the hospital. It is mainly thanks to the donations that the play centre is able to provide a play area for children and families and to organise major events. I had never ever seen such solidarity and generosity between families and staff before!

Reviewing this experience makes me realise that more hospitals should follow the example of GOSH. This would make the stay in hospitals much more pleasant for many patients and their families.

Now and if I had to make two wishes at this very moment, they would be:

- That more and more children and families can benefit from such a wonderful support in hospitals

- And that one day I could come back to the GOSH and relive such an experience

I really enjoyed the time with you, thank you. Sarah





New roles coming up. Are you interested? Please see Patti or send her an email for more info, a look at the role descriptions and to sign up to any of these.

Neuromuscular Clinic:

The Neuromuscular team in Outpatients provides clinical assessment, diagnostic services and advice on treatment and rehabilitation to children and young people who have life limiting and lifelong conditions affecting their muscles and nerves.

They are looking for additional volunteers to be a friendly and supportive presence for families in the clinic, helping with coordination of the programme of activities their child has to complete during the visit e.g. talk through the plan, check waiting times for Bloods, check waiting times for ECHO and Dexa scans, so families are not waiting for long periods of time.

We need YOU! New Roles

What the staff say: "incredibly helpful to my patients" Consultant

"a real support for parents and for the staff running the clinic" Clinical Nurse Specialist

Phlebotomy clinic: A really exciting role supporting the clinic as a welcoming and helping hand volunteer. Various tasks to support this busy clinic and be part of a team. With this role comes some opportunities to spend time in some radiology, CT and Nuclear Medicine clinics observing procedures as well as some time in urology theatres observing. Ideal for volunteers studying medicine or anyone interested in these areas.

Crocodile Club: Do you love playing games or doing arts and crafts with kids? Crocodile Club needs a few more fun volunteers to help out on Mondays and Thursdays.

Dietetics: Admin support in a busy

clinic. Some involvement with clinic as well.

Woodpecker Patient and Parent Support: Volunteers working in recovery, with patients who have had surgery. You will need to be able to work late afternoons - 3 to 6pm.

Open House architecture weekend: We need 3 volunteers to help out with the Open House event on 21st September. It is a really fantastic opportunity for us to show off our wonderful Lullaby Factory artwork. Just outside of the Lagoon. Can you offer a few hours to help show visitors around?

AGM helpers: We need a few volunteers to help give out information about volunteering and to chat to anyone who might be interested in the volunteer programme. We need you from 5pm to 7.30pm on 11th September.

Redevelopment in GOSH

Please note the changes to these wards:

- Badger ward has moved from the old Cardiac • building to level 8 of Southwood
- The Cardiac building is now being decommissioned and demolished, with building planned to begin in summer next year and opening of the new Premier Inn Clinical Building sometime in 2017
- Level 2 corridor between VCB and OBW will closed from 21st July to 14th September. To gain access to OBW please use level 1 corridor
- New Outpatients link form main reception will be opening around September

GOSH Facebook group



Why don't you connect up with lots of other volunteers on the Facebook group for volunteers. Simply find the Volunteer@gosh group and request to join.

It's a great way to keep in contact and to chat to other volunteers.

Post things about your volunteering experience, put up pictures, chat to other people and find out about

events coming up. We look forward to seeing you on-line!

It's your page, so come on



Thanks & Final Thoughts

What a day I have had!

Thank you so much. I was made to feel so welcome here today! This first-hand experience watching children being anaesthetised, operated on and watching them in recovery will help me to relate better and support the families of children who are being treated here.

Not that there was ever any doubt but seeing the dedicated staff together today working as a team, supporting and teaching each other was wonderful to see.

Please, please thank everyone who was involved in the Theatre visits particularly the consultants, who continually explained step by step what they were doing throughout the day and why. I look forward to possibly spending another day with you soon. *Puffin Volunteer*

The Annual Memorial Service, was held at St George's in Queen Square. Over 400 people attended this reflective and commemorative event, organised by GOSH **Chaplaincy and Bereavement** Services. GOSH Volunteers also assist in the smooth running of the event. This year, Hilary tells us of her experience: "It's such a special day. The first 3 people I spoke to have been coming for 17 years. It's the first thing they put in their calendar every year. They arrive early to choose the same seat & to put their photo on the table. They are amongst families who know

Extra Events

Volunteers gave up their time for additional events and projects the last 3 months - some thank yous..

A tremendous THANK YOU, to each volunteer who helped at the Septo Optic Dysplasia event for your time on Saturday.

The SOD group could not go ahead without you giving up your time and enduring the several hours of hard work with the children, who have very particular and demanding needs.

The parents find the opportunity really valuable and most of all, that we accommodate their children on the day. Because for most of these families, they have no one else to call on to help and would otherwise miss out on the opportunity to attend.

Again, thank you for your time.

You were all wonderful and hugely valued.

Best, Sharon and Tarryn

I just wanted to thank you for the volunteers help on Saturday with the family day event. It was much appreciated and everyone from GOSH who helped really are such a credit to the hospital.

Claire, Polycystic Kidney Disease Charity

Volunteers also helped with the summer PICU party and Follow-the junior doctor project.

Thank you to all the volunteers at the hospital! Your continued support means that so much is possible!

what it's like to lose a child and there is a great feeling of unity. It's a huge privilege to be able to attend this service as a volunteer. *Hilary Cullen*

Quote of the Month

I feel a great sense of pride when I walk through the hospital with my badge and gold top on and the security guards give you the 'nod' of approval... I only started in April and already I'm so busy and always looking forward to the weekends I volunteer.

Khalida, Saturday Club Volunteer.

Reminders

Meal vouchers can now only be redeemed in the Lagoon by showing your volunteer security badge to staff. Please collect your vouchers and sign for them at the main reception desk.

Don't forget to Sign in and out each day you volunteer. The book is on main reception desk

The Next V-focus will be out in October. If you want to get involved please contact Patti

Editorial team: Jamie Wilcox, Patti Hogan and thanks to all the contributors

