

NON-IgE MEDIATED FOOD ALLERGY

DEFINITION	
Non-IgE-mediated reactions are typically delayed in onset, and occur 4 to 72 hours after ingestion of the offending food(s).	
ALARM SYMPTOMS	
<ul style="list-style-type: none"> ▪ Faltering growth ▪ Rectal bleeding ▪ Significant vomiting and chronic severe diarrhoea ▪ Family history of inflammatory bowel disease 	
ACCEPTANCE CRITERIA FOR REFERRAL	
<ul style="list-style-type: none"> ▪ Patients already on >3 food exclusions+/- anti-allergy medication and not responding 	
<ul style="list-style-type: none"> ▪ Patients from outreach clinics: Luton & Dunstable, Wexham Park, Southend, Evelina, UCLH, Colchester 	
<ul style="list-style-type: none"> ▪ Patients for 2nd opinions from other Paediatric Gastroenterologists 	
<ul style="list-style-type: none"> ▪ Paediatric Allergists 	
ADVICE TO REFERRING DOCTOR BEFORE ACCEPTING PATIENT	
GPs	To refer to local Paediatrician
Paediatricians:	MEWS-free diet for 6 weeks and anti-allergy medication: if no improvement then accept referral <ul style="list-style-type: none"> - To be documented in referral
Paediatric Gastroenterologist (2 nd opinion)	GOS Histology criteria for Eosinophilic GI disease <ul style="list-style-type: none"> - Histology slides to be sent over with referral before acceptance
OUTCOME MEASURES	
<ul style="list-style-type: none"> • School attendance 	