

INFLAMMATORY BOWEL DISEASE

DEFINITION	
<ul style="list-style-type: none"> ▪ Inflammatory bowel diseases (IBDs) are idiopathic, chronic, and inflammatory intestinal disorders 	
ALARM SYMPTOMS	
<ul style="list-style-type: none"> ▪ Faltering growth ▪ Rectal bleeding ▪ Significant vomiting and chronic severe diarrhoea ▪ Severe abdominal pain ▪ Unexplained fevers ▪ Family history of inflammatory bowel disease 	
ACCEPTANCE CRITERIA FOR REFERRAL	
<ul style="list-style-type: none"> ▪ All suspected IBD from secondary care ▪ Complex IBD from tertiary care ▪ Rheumatology patients & Immunology patients ▪ Early onset IBD from secondary/tertiary care 	
ADVICE TO REFERRING DOCTOR BEFORE ACCEPTING PATIENT	
GPs	To refer to local Paediatrician
Paediatricians:	Referral letter to demonstrate referral guidelines have been met
Paediatric Gastroenterologist (2 nd opinion)	Referral letter to demonstrate referral guidelines have been met
OUTCOME MEASURES	
<ul style="list-style-type: none"> • Improve care now outcomes (ICN) <ul style="list-style-type: none"> ○ Growth, Remission, School attendance, Steroid use, Colectomy rates 	