# **CYCLICAL VOMITING SYNDROME**

# **DEFINITION:**

Diagnostic criteria in a child aged 2-14 years

#### ALARM SYMTPOMS:

- Stereotypical episodes of vomiting with acute onset lasting less than 1 week
- 3 or more discrete episodes in the previous year
- Absence of nausea and vomiting and normal functioning between episodes

### ACCEPTANCE CRITERIA FOR REFERRAL:

Necessary exclusions prior to referral

- Metabolic disease (metabolic screen during acute episode normal)
- Anatomical abnormality normal upper GI contrast required

### ADVICE TO REFERRING DOCTOR BEFORE ACCEPTING PATIENT:

GPs	To refer to local Paediatrician
Paediatricians:	Referral letter to demonstrate referral guidelines have been met
Paediatric Gastroenterologist (2 <sup>nd</sup> opinion)	Referral letter to demonstrate referral guidelines have been met.