

# Chronic Pain Questionnaires



Welcome to the Great Ormond Street Hospital Chronic Pain Clinic. Please take a moment to read this leaflet as it explains some important things about your appointment.

Information for young people and families

## What will happen at the appointment?

**Before you see the clinical team, we will ask you to complete some questionnaires. These will take up to 30 minutes. The letter we sent your parent or guardian has more information about the appointment itself.**



## Who will help with the questionnaires?

One or two people from the Pain Control service will help you with the questionnaires. If you have any questions or need any help when doing the questionnaires, just ask us.

## What are the questionnaires?

The questionnaires are about your pain, what you do about it and how it affects you. We also ask your parent or guardian to complete some questionnaires so we can get their views about your pain.

Lots of different things affect your pain and pain affects different people in different ways. We are interested to know how your pain affects you. As there will always be lots to talk about during your appointment, the questionnaires also help us to spot anything we might have missed without them. This way we can make sure we don't miss anything important.

## **Will the questionnaires be right for me?**

The questionnaires are made for lots of different people. The person going through the questionnaires with you will pick out the right ones for you. Some of them are designed only for children with chronic pain. Some can be used by children with or without chronic pain. Some are for certain age groups.

We know that pain is different on different days, or even at different times of day! Today might be a very good, or a very bad, day. Remember that the questionnaires are only a guide for us. You will still be able to talk fully about your pain with the team. All of this will help us figure out a pain management plan with you for all of your days.

## **How will my answers be used?**

We can look at your answers straight away. We might talk to you about your answers today or in the future. We may also look at everybody's answers together to help us figure out what treatments work best, and for whom.

## **Who else will see my answers?**

Your answers are confidential. This means that only the people involved in your care will see them. They are stored very safely.

## **Do they have to be done?**

The questionnaires can help us to manage your pain. However, if you don't want to do them, that's ok. Just let us know when we come to ask you.

If you have any questions about any of this, please ask us.

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**[www.gosh.nhs.uk/paincontrol](http://www.gosh.nhs.uk/paincontrol)**

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