Having a blood test



NHS Foundation Trust



Your doctor or nurse has asked you to have a blood test. They will take a small amount of blood to check.



Scientists will look at the blood under a microscope.

They can look at your blood cells very carefully and count them.

This helps the doctors work out how to look after you.



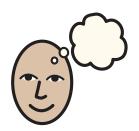
We will put some cream on your skin before we take the blood sample.



If you are older than five, you could have some cold spray. This works quicker than the cream.



Both the cream and spray make your skin numb. The needle does not hurt. Babies can have sugar water.



You can help by thinking about something nice.

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Our clinic assistant will wrap a tight band around your arm. This may be a bit uncomfortable.



They will quick put a small needle into a vein and take a small amount of blood.
As soon as they have enough blood, they will take out the needle.



You can choose whether to have a plaster or not.



Our clinic assistant will write your name on a label and stick it to the bottle.



When our scientists have looked at your blood, they will tell your doctor what they have found.



Please ask us if you have any questions.