Having a clinic appointment

You are coming to hospital for a clinic appointment. Clinic appointments are held in our Outpatient Department.

When you arrive at the Outpatient department, please tell us you are here. We may ask you to check what information we hold about you.

You can sit in the waiting room until your appointment. There are books to read and crafts to do in the waiting room.

Our clinic assistant will weigh you and measure how tall you are.

If you need a blood test, we will put some cream or spray on your arm first to make it numb.

You may need to give a sample of wee.
Next you will go in to see the doctor. They will ask you and your parents lots of questions.

Young people can see the doctor without their parents if they want.

You can tell the doctor how you are feeling. If you have any questions, you can ask the doctor.

The doctor will explain what will happen next.
- You might need to see another doctor.
- You might need to have some tests.
- You might need to come back to hospital another day.

If you do not have any other appointments, you can go home.

After the appointment, the doctor will write a letter explaining what happened. They will also explain any plans for treatment and when they want to see you next.

We will send you a text to remind you before your next appointment.