Transition to adult health services



NHS Foundation Trust



What is transition?

This is a hospital for children.
When you are 18 or 19 years old, you will visit a new doctor in a hospital for adults.
We will help you get ready for this.
Getting ready to visit an adult doctor is transition.



What will happen?

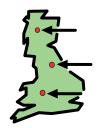
You might visit a clinic with both your doctor and the adult doctor. This is called a shared clinic.

You can talk to the adult doctor so you know them. You can also visit the adult hospital.



When will I visit the adult doctor?

When you are 18 or 19 years old. We will get you ready a long time before then. We will talk to you to make sure you have help.



Where will I visit the adult doctor?

We will tell you where. Your parent or carer can visit with you. Your advocate can visit with you too.



Who can I talk to about transition?

You can talk to your nurse, doctor or parent.
Your teacher, social worker or Connexions carer can help too.

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