

# Do you need to be 'Bare Below The Elbows' when performing hand hygiene?

Yes, please	No, thanks
<ul style="list-style-type: none"><li>• Clinical staff wearing a uniform (as per Trust Uniform Policy)</li><li>• Anyone entering a patient's bed space or room</li><li>• When having clinical patient contact (including in Outpatients Dept.)</li><li>• Anyone entering PICU, NICU or CICU</li></ul>	<ul style="list-style-type: none"><li>• Anyone visiting a ward (except PICU, NICU and CICU) <b>unless</b> entering a patient's bed space or room</li></ul>



## 'Bare below the Elbows' means:

- No suit jackets
- No long sleeves
- No wrist watches or bracelets
- No rings (other than a plain wedding band)

Also, please remember '**no ties or lanyards**' when in direct contact with patients.