

Sunday dinner

Soups

- | | |
|--------------------------------|--|
| Lightly spiced lentil soup (v) | <input type="checkbox"/> |
| Cream of tomato soup (v) | <input type="checkbox"/> Cream of chicken soup |
| Brown bread roll | <input type="checkbox"/> White bread roll |
| Butter | <input type="checkbox"/> Flora |

Main meal options

Please select only one option from this section

- | | |
|--|---|
| Gnocchi, broccoli, cream cheese and crème fraiche bake (v) | <input type="checkbox"/> |
| Margherita Pizza (v) | <input type="checkbox"/> |
| Quorn™ pepperoni pizza (v) | <input type="checkbox"/> |
| Chilli con carne with rice (E) | <input type="checkbox"/> |
| Pasta with sauce (E) – choice from list below | |
| Tomato sauce (E) | <input type="checkbox"/> Veggie Bolognese (E) |
| | <input type="checkbox"/> Three cheese sauce (E) |
| Baked chicken strips in a Southern style coating | <input type="checkbox"/> |

Side dishes

- | | |
|-------------------|---|
| Baked beans (E) | <input type="checkbox"/> Chips |
| Peas | <input type="checkbox"/> Sweetcorn |
| Potato of the day | <input type="checkbox"/> Steamed rice (E) |
| Mashed potato (E) | <input type="checkbox"/> |

Snacks and salads

- | | |
|---|--|
| Cheese salad (v) | <input type="checkbox"/> Pasta salad (v) |
| Chicken salad | <input type="checkbox"/> Tuna mayo salad |
| Tomato and cucumber salad (v) | <input type="checkbox"/> |
| Salad dressing – choice from list below | |
| Creamy (v) | <input type="checkbox"/> French (v) |
| | <input type="checkbox"/> Mayo (v) |
| Vegetable sticks with yoghurt dip (v) | <input type="checkbox"/> |

Puddings and desserts

Please select a maximum of two options from this section

- | | |
|---|--|
| Jelly of the day (v) (E) | <input type="checkbox"/> Low fat fruit yoghurt (E) |
| Rice pudding (E) | <input type="checkbox"/> Fresh fruit salad |
| Hot dessert of the day with custard (E) | <input type="checkbox"/> |
| Hot Chocolate cake and chocolate sauce (can be served cold) (E) | <input type="checkbox"/> |
| Peach mousse (E) | <input type="checkbox"/> Cherry mousse (E) |
| Mango mousse (E) | <input type="checkbox"/> Chocolate mousse (E) |

Key: (v) – Suitable for vegetarians (E) – Category E fork-mashable

Fresh fruit, cereal, toast, cheese portions, yoghurts, biscuits, squash drinks, milk and hot drinks are always available

– Please ask a member of the ward team

Monday dinner

Soups

- | | |
|--|--|
| Cream of broccoli, potato and cheddar soup (v) | <input type="checkbox"/> |
| Cream of tomato soup (v) | <input type="checkbox"/> Cream of chicken soup |
| Brown bread roll | <input type="checkbox"/> White bread roll |
| Butter | <input type="checkbox"/> Flora |

Main meal options

Please select only one option from this section

- | | |
|--|---|
| Macaroni in three cheese sauce (v) (E) | <input type="checkbox"/> |
| Leek, potato, cheddar and onion pie (v) | <input type="checkbox"/> |
| Margherita Pizza (v) | <input type="checkbox"/> |
| Quorn™ pepperoni pizza (v) | <input type="checkbox"/> |
| Quorn™ burger | <input type="checkbox"/> |
| Pasta with sauce (E) – choice from list below | |
| Tomato sauce (E) | <input type="checkbox"/> Veggie Bolognese (E) |
| | <input type="checkbox"/> Three cheese sauce (E) |
| Baked chicken strips in a Southern style coating | <input type="checkbox"/> |

Side dishes

- | | |
|-------------------|---|
| Baked beans (E) | <input type="checkbox"/> Chips |
| Peas | <input type="checkbox"/> Sweetcorn |
| Potato of the day | <input type="checkbox"/> Steamed rice (E) |
| Mashed potato (E) | <input type="checkbox"/> |

Snacks and salads

- | | |
|---|--|
| Cheese salad (v) | <input type="checkbox"/> Pasta salad (v) |
| Chicken salad | <input type="checkbox"/> Tuna mayo salad |
| Tomato and cucumber salad (v) | <input type="checkbox"/> |
| Salad dressing – choice from list below | |
| Creamy (v) | <input type="checkbox"/> French (v) |
| | <input type="checkbox"/> Mayo (v) |
| Vegetable sticks with yoghurt dip (v) | <input type="checkbox"/> |

Puddings and desserts

Please select a maximum of two options from this section

- | | |
|---|--|
| Jelly of the day (v) (E) | <input type="checkbox"/> Low fat fruit yoghurt (E) |
| Fresh fruit salad | <input type="checkbox"/> Rice pudding (E) |
| Hot dessert of the day with custard (E) | <input type="checkbox"/> |
| Hot Chocolate cake and chocolate sauce (can be served cold) (E) | <input type="checkbox"/> |
| Peach mousse (E) | <input type="checkbox"/> Cherry mousse (E) |
| Mango mousse (E) | <input type="checkbox"/> Chocolate mousse (E) |

Key: (v) – Suitable for vegetarians (E) – Category E fork-mashable

Fresh fruit, cereal, toast, cheese portions, yoghurts, biscuits, squash drinks, milk and hot drinks are always available

– Please ask a member of the ward team

Tuesday dinner

Soups

- | | |
|--------------------------|--|
| Leek and potato soup (v) | <input type="checkbox"/> |
| Cream of tomato soup (v) | <input type="checkbox"/> Cream of chicken soup |
| Brown bread roll | <input type="checkbox"/> White bread roll |
| Butter | <input type="checkbox"/> Flora |

Main meal options

Please select only one option from this section

- | | |
|--|---|
| Penne with cream cheese and tomato sauce (v) (E) | <input type="checkbox"/> |
| Cottage pie (E) | <input type="checkbox"/> |
| Margherita Pizza (v) | <input type="checkbox"/> |
| Quorn™ pepperoni pizza (v) | <input type="checkbox"/> |
| Chicken fillet burger | <input type="checkbox"/> |
| Pasta with sauce (E) – choice from list below | |
| Tomato sauce (E) | <input type="checkbox"/> Veggie Bolognese (E) |
| | <input type="checkbox"/> Three cheese sauce (E) |
| Panko coated salmon goujons with pink mayo | <input type="checkbox"/> |

Side dishes

- | | |
|-------------------|---|
| Baked beans (E) | <input type="checkbox"/> Chips |
| Peas | <input type="checkbox"/> Sweetcorn |
| Potato of the day | <input type="checkbox"/> Steamed rice (E) |
| Mashed potato (E) | <input type="checkbox"/> |

Snacks and salads

- | | |
|---|--|
| Cheese salad (v) | <input type="checkbox"/> Pasta salad (v) |
| Chicken salad | <input type="checkbox"/> Tuna mayo salad |
| Tomato and cucumber salad (v) | <input type="checkbox"/> |
| Salad dressing – choice from list below | |
| Creamy (v) | <input type="checkbox"/> French (v) |
| | <input type="checkbox"/> Mayo (v) |
| Vegetable sticks with yoghurt dip (v) | <input type="checkbox"/> |

Puddings and desserts

Please select a maximum of two options from this section

- | | |
|---|--|
| Jelly of the day (v) (E) | <input type="checkbox"/> Low fat fruit yoghurt (E) |
| Rice pudding (E) | <input type="checkbox"/> Fresh fruit salad |
| Hot dessert of the day with custard (E) | <input type="checkbox"/> |
| Hot Chocolate cake and chocolate sauce (can be served cold) (E) | <input type="checkbox"/> |
| Peach mousse (E) | <input type="checkbox"/> Cherry mousse (E) |
| Mango mousse (E) | <input type="checkbox"/> Chocolate mousse (E) |

Key: (v) – Suitable for vegetarians (E) – Category E fork-mashable

Fresh fruit, cereal, toast, cheese portions, yoghurts, biscuits, squash drinks, milk and hot drinks are always available

– Please ask a member of the ward team

Wednesday dinner

Soups

- | | |
|-------------------------------|--|
| Carrot and coriander soup (v) | <input type="checkbox"/> |
| Cream of tomato soup (v) | <input type="checkbox"/> Cream of chicken soup |
| Brown bread roll | <input type="checkbox"/> White bread roll |
| Butter | <input type="checkbox"/> Flora |

Main meal options

Please select only one option from this section

- | | |
|--|---|
| Sautéed potato dumplings with root vegetables and cheese sauce (v) | <input type="checkbox"/> |
| Chicken and mushroom pie | <input type="checkbox"/> |
| Margherita Pizza (v) | <input type="checkbox"/> |
| Quorn™ pepperoni pizza (v) | <input type="checkbox"/> |
| Beef burger | <input type="checkbox"/> |
| Pasta with sauce (E) – choice from list below | |
| Tomato sauce (E) | <input type="checkbox"/> Veggie Bolognese (E) |
| | <input type="checkbox"/> Three cheese sauce (E) |
| Baked chicken strips in a Southern style coating | <input type="checkbox"/> |

Side dishes

- | | |
|-------------------|---|
| Baked beans (E) | <input type="checkbox"/> Chips |
| Peas | <input type="checkbox"/> Sweetcorn |
| Potato of the day | <input type="checkbox"/> Steamed rice (E) |
| Mashed potato (E) | <input type="checkbox"/> |

Snacks and salads

- | | |
|---|--|
| Cheese salad (v) | <input type="checkbox"/> Pasta salad (v) |
| Chicken salad | <input type="checkbox"/> Tuna mayo salad |
| Tomato and cucumber salad (v) | <input type="checkbox"/> |
| Salad dressing – choice from list below | |
| Creamy (v) | <input type="checkbox"/> French (v) |
| | <input type="checkbox"/> Mayo (v) |
| Vegetable sticks with yoghurt dip (v) | <input type="checkbox"/> |

Puddings and desserts

Please select a maximum of two options from this section

- | | |
|---|--|
| Jelly of the day (v) (E) | <input type="checkbox"/> Low fat fruit yoghurt (E) |
| Rice pudding (E) | <input type="checkbox"/> Fresh fruit salad |
| Hot dessert of the day with custard (E) | <input type="checkbox"/> |
| Hot Chocolate cake and chocolate sauce (can be served cold) (E) | <input type="checkbox"/> |
| Peach mousse (E) | <input type="checkbox"/> Cherry mousse (E) |
| Mango mousse (E) | <input type="checkbox"/> Chocolate mousse (E) |

Key: (v) – Suitable for vegetarians (E) – Category E fork-mashable

Fresh fruit, cereal, toast, cheese portions, yoghurts, biscuits, squash drinks, milk and hot drinks are always available

– Please ask a member of the ward team

Thursday dinner

Soups

- | | |
|-----------------------------|--|
| Cream of sweetcorn soup (v) | <input type="checkbox"/> |
| Cream of tomato soup (v) | <input type="checkbox"/> Cream of chicken soup |
| Brown bread roll | <input type="checkbox"/> White bread roll |
| Butter | <input type="checkbox"/> Flora |

Main meal options

Please select only one option from this section

- | | |
|---|---|
| Quorn™ lasagne (v) | <input type="checkbox"/> |
| Beef and onion pie | <input type="checkbox"/> |
| Margherita Pizza (v) | <input type="checkbox"/> |
| Quorn™ pepperoni pizza (v) | <input type="checkbox"/> |
| Vegetable burger | <input type="checkbox"/> |
| Pasta with sauce (E) – choice from list below | |
| Tomato sauce (E) | <input type="checkbox"/> Veggie Bolognese (E) |
| | <input type="checkbox"/> Three cheese sauce (E) |
| Panko coated salmon goujon with pink mayo | <input type="checkbox"/> |

Side dishes

- | | |
|-------------------|---|
| Baked beans (E) | <input type="checkbox"/> Chips |
| Peas | <input type="checkbox"/> Sweetcorn |
| Potato of the day | <input type="checkbox"/> Steamed rice (E) |
| Mashed potato (E) | <input type="checkbox"/> |

Snacks and salads

- | | |
|---|--|
| Cheese salad (v) | <input type="checkbox"/> Pasta salad (v) |
| Chicken salad | <input type="checkbox"/> Tuna mayo salad |
| Tomato and cucumber salad (v) | <input type="checkbox"/> |
| Salad dressing – choice from list below | |
| Creamy (v) | <input type="checkbox"/> French (v) |
| | <input type="checkbox"/> Mayo (v) |
| Vegetable sticks with yoghurt dip (v) | <input type="checkbox"/> |

Puddings and desserts

Please select a maximum of two options from this section

- | | |
|---|--|
| Jelly of the day (v) (E) | <input type="checkbox"/> Low fat fruit yoghurt (E) |
| Rice pudding (E) | <input type="checkbox"/> Fresh fruit salad |
| Hot dessert of the day with custard (E) | <input type="checkbox"/> |
| Hot Chocolate cake and chocolate sauce (can be served cold) (E) | <input type="checkbox"/> |
| Peach mousse (E) | <input type="checkbox"/> Cherry mousse (E) |
| Mango mousse (E) | <input type="checkbox"/> Chocolate mousse (E) |

Key: (v) – Suitable for vegetarians (E) – Category E fork-mashable

Fresh fruit, cereal, toast, cheese portions, yoghurts, biscuits, squash drinks, milk and hot drinks are always available

– Please ask a member of the ward team

Friday dinner

Soups

- | | |
|--------------------------|--|
| Pumpkin soup (v) | <input type="checkbox"/> |
| Cream of tomato soup (v) | <input type="checkbox"/> Cream of chicken soup |
| Brown bread roll | <input type="checkbox"/> White bread roll |
| Butter | <input type="checkbox"/> Flora |

Main meal options

Please select only one option from this section

- | | |
|---|---|
| Butternut squash penne pasta with cream cheese and tomato sauce (v) (E) | <input type="checkbox"/> |
| Fisherman's pie (E) | <input type="checkbox"/> |
| Margherita Pizza (v) | <input type="checkbox"/> |
| Quorn™ pepperoni pizza (v) | <input type="checkbox"/> |
| Fish finger and ketchup burger | <input type="checkbox"/> |
| Pasta with sauce (E) – choice from list below | |
| Tomato sauce (E) | <input type="checkbox"/> Veggie Bolognese (E) |
| | <input type="checkbox"/> Three cheese sauce (E) |
| Baked chicken strips in a Southern style coating | <input type="checkbox"/> |

Side dishes

- | | |
|-------------------|---|
| Baked beans (E) | <input type="checkbox"/> Chips |
| Peas | <input type="checkbox"/> Sweetcorn |
| Potato of the day | <input type="checkbox"/> Steamed rice (E) |
| Mashed potato (E) | <input type="checkbox"/> |

Snacks and salads

- | | |
|---|--|
| Cheese salad (v) | <input type="checkbox"/> Pasta salad (v) |
| Chicken salad | <input type="checkbox"/> Tuna mayo salad |
| Tomato and cucumber salad (v) | <input type="checkbox"/> |
| Salad dressing – choice from list below | |
| Creamy (v) | <input type="checkbox"/> French (v) |
| | <input type="checkbox"/> Mayo (v) |
| Vegetable sticks with yoghurt dip (v) | <input type="checkbox"/> |

Puddings and desserts

Please select a maximum of two options from this section

- | | |
|---|--|
| Jelly of the day (v) (E) | <input type="checkbox"/> Low fat fruit yoghurt (E) |
| Rice pudding (E) | <input type="checkbox"/> Fresh fruit salad |
| Hot dessert of the day with custard (E) | <input type="checkbox"/> |
| Hot Chocolate cake and chocolate sauce (can be served cold) (E) | <input type="checkbox"/> |
| Peach mousse (E) | <input type="checkbox"/> Cherry mousse (E) |
| Mango mousse (E) | <input type="checkbox"/> Chocolate mousse (E) |

Key: (v) – Suitable for vegetarians (E) – Category E fork-mashable

Fresh fruit, cereal, toast, cheese portions, yoghurts, biscuits, squash drinks, milk and hot drinks are always available

– Please ask a member of the ward team

Saturday dinner

Soups

- | | |
|----------------------------|--|
| Cream of mushroom soup (v) | <input type="checkbox"/> |
| Cream of tomato soup (v) | <input type="checkbox"/> Cream of chicken soup |
| Brown bread roll | <input type="checkbox"/> White bread roll |
| Butter | <input type="checkbox"/> Flora |

Main meal options

Please select only one option from this section

- | | |
|---|---|
| Quorn™, cheese and potato gratin (v) | <input type="checkbox"/> |
| Chicken balti pie | <input type="checkbox"/> |
| Margherita Pizza (v) | <input type="checkbox"/> |
| Quorn™ pepperoni pizza (v) | <input type="checkbox"/> |
| Pasta with sauce (E) – choice from list below | |
| Tomato sauce (E) | <input type="checkbox"/> Veggie Bolognese (E) |
| | <input type="checkbox"/> Three cheese sauce (E) |
| Panko coated salmon goujon with pink mayo | <input type="checkbox"/> |

Side dishes

- | | |
|-------------------|---|
| Baked beans (E) | <input type="checkbox"/> Chips |
| Peas | <input type="checkbox"/> Sweetcorn |
| Potato of the day | <input type="checkbox"/> Steamed rice (E) |
| Mashed potato (E) | <input type="checkbox"/> |

Snacks and salads

- | | | | |
|---|--------------------------|-----------------|--------------------------|
| Cheese salad (v) | <input type="checkbox"/> | Pasta salad (v) | <input type="checkbox"/> |
| Chicken salad | <input type="checkbox"/> | Tuna mayo salad | <input type="checkbox"/> |
| Tomato and cucumber salad (v) | <input type="checkbox"/> | | |
| Salad dressing – choice from list below | | | |
| Creamy (v) | <input type="checkbox"/> | French (v) | <input type="checkbox"/> |
| | | Mayo (v) | <input type="checkbox"/> |
| Vegetable sticks with yoghurt dip (v) | | | <input type="checkbox"/> |

Puddings and desserts

Please select a maximum of two options from this section

- | | | | |
|---|--------------------------|---------------------------|--------------------------|
| Jelly of the day (v) (E) | <input type="checkbox"/> | Low fat fruit yoghurt (E) | <input type="checkbox"/> |
| Rice pudding (E) | <input type="checkbox"/> | Fresh fruit salad | <input type="checkbox"/> |
| Hot dessert of the day with custard (E) | | | <input type="checkbox"/> |
| Hot Chocolate cake and chocolate sauce (can be served cold) (E) | | | <input type="checkbox"/> |
| Peach mousse (E) | <input type="checkbox"/> | Cherry mousse (E) | <input type="checkbox"/> |
| Mango mousse (E) | <input type="checkbox"/> | Chocolate mousse (E) | <input type="checkbox"/> |

Key: (v) – Suitable for vegetarians (E) – Category E fork-mashable

Fresh fruit, cereal, toast, cheese portions, yoghurts, biscuits, squash drinks, milk and hot drinks are always available

– Please ask a member of the ward team